

DIRECTIONS: As an addition to the daily diet take one or two tablets before morning and evening meals, individuals fifty of age or older take four tablets before morning and evening meals, or as directed by your health care professional.

• If you are pregnant or a nursing mother, consult your health care professional before using this or any dietary supplement.

• **CHILDREN:** Consult your health care professional before giving this or any dietary supplement to children.

KEEP OUT OF THE REACH OF CHILDREN

Keep bottle tightly closed and store in a cool, dry place.



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Formulated by
Hans. A. Nieper, M.D.
of Hannover, Germany

MAGNESIUM OROTATE

500 mg
200 Tablets
Dietary Supplement

Supplement Facts

	Under 50 years old		Over 50 years old	
Serving Size	2 tablets		4 tablets	
Servings Per Container	100		50	
	Amount per Serving	%Daily Value	Amount per Serving	%Daily Value
Magnesium (as magnesium orotate) (as elemental magnesium)	1000 mg (63 mg)	15%	2000 mg (126 mg)	30%

Other Ingredients: Microcrystalline Cellulose, Silicified Microcrystalline Cellulose, Natural Glaze and Magnesium Stearate.

MADE IN THE USA
MANUFACTURED EXCLUSIVELY FOR:
ADVANCED RESEARCH
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