



Supplement Facts

Serving Size: 4 Vegan Capsules

Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin C (from acerola fruit juice powder (Malpighia galbra L.))	250mg	278%
Vitamin D3 (as Lichen[Cladonia rangiferina])	10mcg	50%
Vitamin E (as d-alpha tocopheryl acetate)	47mg alpha-tocopherol	313%
Vitamin B (as pyridoxine hydrochloride)	25mg	1471%
Folate (as 5-methyltetrahydrofolate calcium)	667mcg DFE	167%
Vitamin B12 (Methylcobalamin)	1000mcg	41667%
Zinc (as zinc citrate)	25mg	227%
Selenium (as selenium bisglycinate complex)	100mcg	182%
Fenugreek Extract (Std. to 50% Saponins) (Trigonella foenum-graecum L.)(seeds)	400mg	†
Ashwagandha Extract (Withania somnifera)(Root)	400mg	†
Tribulus Terrestris Extract (standardized to 40% Saponins)(fruit)	200mg	†
L-Carnitine Tartrate	200mg	†
Coenzyme Q10 (ubiquinone)	20mg	†
Resveratrol 20% Extract (Japanese Knotweed) (Polygonum cuspidatum)(root)	20mg	†

†Daily Value not established

OTHER INGREDIENTS: Plant Cellulose, Silicon Dioxide, Magnesium Stearate.