SOURCE NATURALS®



MELATONIN

HELPS PROMOTE SLEEP*

Dietary

Supplement

1.0 300 TABLETS

Supplement Facts

ving Size 1 Tablet		
Amount Per S	Serving	%DV
cium	30 mg	2%
s dibasic calcium phosphate)		
latonin	1 mg	†

Other ingredients: dibasic calcium phosphate, microcrystalline cellulose, stearic acid, magnesium stearate, and silica.

Melatonin is produced in humans by the pineal gland. A favorite of travelers, it helps to support restful sleep.* 80,80X 2118, SANTA CRUZ, CA 95062

Suggested Use: 1 tablet at bedtime.

STORE IN A COOL, DRY PLACE.

†Daily Value not established.

GMO/ Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women that are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condiim, epilepsy, leukemia, or a lymphoproliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such a hydrocortisone or prednisone, consult your physician before using this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Manufactured for:

SN0721

REV K191

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