WOMEN'S ELITE 100™

with MAXIMUM ESSENTIAL OMEGA-3 1,000 MG

HIGH POTENCY VITAMINS • MINERALS • CAROTENOIDS • OMEGA-3S

100 MG COENZYME Q-10 • 100 MG ALPHA LIPOIC ACID
100 MG RESVERATROL • 100 MG EGCG
100 MG POMEGRANATE • 100 MG CITRUS BIOFLAVONOIDS
5,000 MCG LUTEIN • 5,000 MCG LYCOPENE • 2,000 MCG ZEAXANTHIN

ALL NATURAL • 100% PURE • GENTLE FOR SENSITIVE STOMACH • NO FISHY AFTERTASTE

PROCAPS LABORATORIES

ALL-SOLAR MANUFACTURING

60 Perma-Fresh Packets™ • 480 Easy-to-Swallow Capsules

SUGGESTED USE For best results and optimum absorption, consume your daily supply with food – preferably a complete meal. You can consume your daily supply at one time with a meal or divide them up to be taken with food throughout the day. **For questions about the use of this product call 800.332.7799.**

ELITE 100 with Maximum Essential OMEGA-3 is an ultra-high-potency member of **Andrew Lessman's** family of multi-vitamin-mineral formulas with, as its name describes, the added benefits of our unique Omega-3 Oils. **ELITE 100** is 100% pure and contains only the nutrients you desire with no binders, fillers or additives of any kind. **ELITE 100 with Maximum Essential OMEGA-3** comes in easy-to-swallow capsules that are guaranteed gentle even to sensitive stomachs and free of any fishy aftertaste. It provides all the benefits you seek from a multi-vitamin without any of the problems normally associated with their use. **ELITE 100 with Maximum Essential OMEGA-3** delivers more than 40 nutrients, including high potencies of all essential vitamins, minerals, phytonutrients, carotenoids and Omega-3 oils. **ELITE 100** is the purest and mildest ultra-high-potency multi-vitamin formula possible. It provides 50 mcg (2,000 IU) of Vitamin D3, along with high levels of all the B-Complex vitamins, including 500 mcg of Biotin and 250 mcg of our unique absorption-protected Methylcobalamin (Natural Coenzyme Vitamin B12), plus 1,000 mg of non-acidic Vitamin C, along with the powerful protection of key carotenoids, including Lutein (5,000 mcg), Lycopene (5,000 mcg) and our unique Zeaxanthin Complex (2,000 mcg). Additionally, **ELITE 100** provides 268 mg (400 IU) of natural Vitamin E.

Maximum Essential OMEGA-3 is our unique blend of Omega-3 fats from fish and Arlifoxen®Oil with NO fishy aftertaste, NO stomach upset, NO heavy metals and NO contaminants. Omega-3 fats are a common sense addition to any multi-vitamin, since like vitamins, they cannot be made by the body, so their benefits are only available from cold-water fish or a formula like **Maximum Essential OMEGA-3**. Sadly, because of the absence of cold-water fish from our diet, Americans typically lack the Omega-3s necessary to support heart, brain, eye and circulatory health. This formula provides our highest levels of DHA, EPA and DPA, along with SOA from Arlifoxen®Oil. The heart and circulatory benefits of Omega-3s have been long vascularized, but DHA's critical role in eye and brain structure and function made it the most important of the Omega-3s. Fish oil is recognized for its extensive health benefits, but it is equally well-known for its nasty aftertaste and its potential for contaminants and stomach upset. Our **Maximum Essential OMEGA-3** provides all the benefits you seek from fish oil with NO mercury, NO contaminants and absolutely NO stomach upset or fishy aftertaste.

The "100" in **ELITE 100** refers to the 100 mg of six vital ingredients this formula includes: Coenzyme Q-10, Alpha Lipoic Acid, Resveratrol, EGCG, Pomegranate and Citrus Bioflavonoids.

Coenzyme Q-10 (CoQ10) – 100 mg CoQ10 is central to all cellular energy production, while also being a powerfully protective and critical anti-oxidant. It must be present at high concentrations in the hardest working organs in the body (heart, brain, liver and kidneys) in order for these vital organs to function at their best and to protect themselves. CoQ10 levels decrease with age, stress, medications, poor diet and even physical activity making supplementation essential.

Alpha Lipoic Acid (ALA) – 100 mg. Because of its unique ability to be both water and fat soluble, ALA is referred to as the "Universal Anti-Oxidant". This unique solubility enables it to recycle other powerful anti-oxidants, including Vitamins C and E, and Glutathione. Even more important is its essential role in the production of your body's most powerful internal anti-oxidant – Glutathione. Like CoQ10, internal levels of ALA decline with age, stress and the use of certain medications making supplementation a matter of common sense.

Resveratrol – 100 mg. Resveratrol has been the focus of extensive anti-aging research and only recently available in a pure, high-potency natural form. Resveratrol is the molecule behind the benefits of Red Wine, the Mediterranean diet and the French Paradox. Resveratrol is a far more powerful anti-oxidant than either Vitamins E or C; however, it is Resveratrol's impact on preserving the telomeres in our genetic material that places it at the forefront of the latest anti-aging research.

Epigallocatechin Gallate (EGCG) – 100 mg. EGCG from Green Tea combines thousands of years of traditional use with decades of compelling medical research. EGCG is a powerfully protective molecule that also enhances the activity of our most important internal anti-oxidants. EGCG is also vital to our liver and therefore to our body's internal cleansing and detoxification systems, while also supporting the immune system and protecting the delicate tissues of our brain, heart and breast.

Pomegranate (40% Ellagic Acid and Punicalagins) – 100 mg. Used traditionally for centuries and referred to as "sacred fruit", scientists have confirmed Pomegranate's unique protective content. Unfortunately, most Pomegranate products and juices are not standardized to deliver its beneficial compounds, whereas our formula is standardized for both Punicalagins and Ellagic Acid assuring you all the benefits you seek without the sugar and calories of Pomegranate Juice.

Citrus Bioflavonoids – 100 mg. Citrus Bioflavonoids, including Hesperidin and Rutin, are some of the most powerfully protective compounds found in plants, and as the name suggests, are highly concentrated in citrus fruit. Citrus Bioflavonoids possess their own independent antioxidant activity and also act synergistically to enhance the benefits of Vitamin C, which is why they are so often included in separate Vitamin C formulas.

ELITE 100 with Maximum Essential OMEGA-3 delivers the nutrients you seek without employing impossible to swallow and difficult to digest tablets. Instead, we use only easily swallowable capsules to ensure the greatest ease of use with no risk of stomach upset. Also, unlike typical multi-vitamins that ignore the current science, **ELITE 100 with Maximum Essential OMEGA-3** provides a comprehensive list of vitamins, minerals, carotenoids, phytonutrients and Omega-3 Oils at levels that respect both you and the scientific literature.

Arlifoxen® is a registered trademark of Technology Crops, LLC.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

UNSURPASSED. *Purity. Quality. Integrity. Effectiveness.*

Andrew Lessman
Founder and Proclaim Leader

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PROCAPS LABORATORIES
THE ONLY CHOICE OF PROFESSIONALS.

In 1979, Andrew Lessman founded a nutritional supplement manufacturing company committed to the science of creating the world's finest and purest natural products to meet the exacting standards of medical and athletic professionals. More than 40 years later, **PROCAPS LABORATORIES** continues as an ethical alternative to the inferior quality and undesirable additives present in typical products. Today, **PROCAPS** offers you the exact same quality and exceptional purity formerly only available to health and fitness professionals.

THE PERFECT PACKET.

The Porous-Fresh Purple Packet. The Daily Packet Worthy of Our 100% Pure Products.

Our *Purple Packet* is our most advanced packet ever, offering even more protection than our original Foil Packet. Our Perma-Fresh Packets must be protected from light, moisture and oxygen and the ordinary clear packets used with typical vitamins cannot do so. Our unique Purple Packets are constructed from multiple layers of specialized materials to safeguard your vitamins from damaging light, moisture and oxygen. For decades, our Foil Packets set the standard for vitamin protection and our Perma-Fresh Packets offer even more first protection to the highest levels, giving your vitamins the special protection they deserve.

Supplement Facts	Serving Size 1 Packet: Servings Per Container 60 (6 Powder Capsules; 2 Liquid Softgels)
Great Per Packet	**%DV***
Calories 10	
Total Fat 1.1g	2%
Cholesterol 1mg	2%
Vitamin A (as beta-carotene)	750 mcg RAE (2,500 IU) 83%
Vitamin C (as ascorbic/magnesium ascorbate/ascorbyl palmitate)	1,000 mg(1) 1,111%
Vitamin D (as cholecalciferol)	50 mcg (2,000 IU) 250%
Vitamin E (as natural d-alpha-tocopheryl succinate)	268 mg(1) (400 IU) 1,787%
Vitamin B1 (as hydrochloride)	25 mg 2,083%
Vitamin B2 (as riboflavin)	25 mg 1,923%
Niacin (as niacinamide/niacinate)	25 mg 156%
Pantothenic Acid (as calcium pantothenate)	25 mg 500%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg 1,250%
Vitamin B12 (as methylcobalamin - patented Coenzyme B12)	250 mcg 10,417%
Biotin (Complex as acetylglycine/lysinate salt)	450 mcg (3H) 150%
Biotin	500 mcg 1,667%
Calcium (as ascorbate/citrate/malate)	400 mg 31%
Magnesium (as ascorbate/oxide)	400 mg 48%
Zinc (as citrate)	30 mg 273%
Selenium (as selenium methionine complex)	200 mcg 364%
Copper (as copper oxide)	2 mg 222%
Manganese (as manganese citrate)	2 mg †
Chromium (as chromium picolinate)	200 mcg 571%
Molybdenum (as molybdenum glycinate)	75 mcg 167%
Iodine (as kelp powder)	1,000 mcg 667%
Lutein	5 mg (5,000 mcg) †
Lycopene	5 mg (5,000 mcg) †
Zeaxanthin Complex	2,000 mcg (2 mg) †
Ketoadrion (as vanadyl sulfate)	50 mcg †
Alpha Lipoic Acid	100 mg †
Coenzyme Q-10 (natural ubiquinone)	100 mg †
Epigallocatechin Gallate (EGCG) (from standardized Green Tea Leaf extract)	100 mg †
Pomegranate (fruit), extract (fruit) (standardized to 40% punicalagins 40% ellagic acid)	100 mg †
Resveratrol (from Polygonum cuspidatum (root) extract)	100 mg †
Citrus Bioflavonoids Complex, (fruit) (Hesperidin, Rutin, Naringin)	100 mg †
Banchelet Chain Amino Acid Complex (as leucine/valine/ valine)	50 mg †
Silicon (as silicon dioxide)	10 mg †
Choline (as choline bitartrate, phosphatidylcholine, lipids)	1,210 mg †
Total Omega-3 Fatty Acids	>1,000 mg †
DHA Docosahexaenoic Acid (Omega-3)	500 mg †
EPA Eicosapentaenoic Acid (Omega-3)	350 mg †
DPA Docosapentaenoic Acid (Omega-3)	50 mg †
ALA - Alpha Linolenic Acid (Omega-3)	70 - 80 mg †
(from Flaxseed Oil and Flaxseed)	
SOA - Stearidonic Acid (Omega-3) (from 6 arenoic seed, Arlifoxen® oil)	30 - 35 mg †
Other Omega-3 Fatty Acids	50 mg †
G.L.A. - Gamma Linolenic Acid (Omega-6) (from 5 arenoic seed, Arlifoxen® oil)	1.5 mg †

* Percent Daily Values (%DV) based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: Gelatin capsules, Sulfi-gelatin capsule (Gelatin, purified water, glycerin), Proprietary Protective Mixture (Ascorbyl Palmitate, Proprietary Orange Essence (Ascorbic Acid, Citrus Pectin, Citrus Oil, Citrus Bioflavonoids), Citrus Pectin, Citrus Oil, Citrus Bioflavonoids, Water, Flax, acidulant, calcium, coating, diluent, flowing agent, color, sweetener or preservative.

CONTAINS NO ADDITIVES OF ANY KIND.