

MEN'S ELITE 100™

HIGH POTENCY VITAMINS • MINERALS • CAROTENOIDS

100 MG COENZYME Q-10 • 100 MG ALPHA LIPOIC ACID

100 MG RESVERATROL • 100 MG EGCG

100 MG POMEGRANATE • 100 MG CITRUS BIOFLAVONOIDS

5,000 MCG LUTEIN • 5,000 MCG LYCOPENE • 2,000 MCG ZEAXANTHIN

ALL NATURAL • 100% PURE • ADDITIVE-FREE • GENTLE FOR SENSITIVE STOMACHS



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ALL-SOLAR
MANUFACTURING

SUGGESTED USE For best results and optimum absorption, consume your daily supply with food – preferably a complete meal. You can consume your daily supply at one time with a meal or divide them up to be taken with food throughout the day. **For questions about the use of this product call 800.332.7799.**

ELITE 100 is an ultra-high-potency member of **Andrew Lessman's** family of multivitamin-mineral formulas. **ELITE 100** is 100% pure and contains only the nutrients you desire with no binders, fillers or additives of any kind. **ELITE 100** comes as an ultra-fine powder in small, easy-to-swallow capsules that are guaranteed gentle even to sensitive stomachs. It provides all the benefits you seek from a multi-vitamin without any of the problems normally associated with their use.

ELITE 100 delivers more than 40 nutrients, including high potencies of all essential vitamins, minerals, phytonutrients and carotenoids. **ELITE 100** is the purest and mildest ultra-high-potency multi-vitamin formula possible. It provides 50 mcg (2,000 IU) of Vitamin D3, along with high levels of all the B-Complex vitamins, including 500 mcg of Biotin and 250 mcg of our unique absorption-protected Methylcobalamin (Natural Coenzyme Vitamin B12), plus 1,000 mcg of non-acidic Vitamin C, along with the powerful protection of key carotenoids, including Lutein (5,000 mcg), Lycopene (5,000 mcg) and our unique Zeaxanthin Complex (2,000 mcg). Additionally, **ELITE 100** provides 268 mcg (400 IU) of natural Vitamin E.

The "100" in **ELITE 100** refers to the 100 mcg of six vital ingredients this formula includes: Coenzyme Q-10, Alpha Lipic Acid, Resveratrol, EGCG, Pomegranate and Citrus Bioflavonoids. **Coenzyme Q-10 (CoQ10) – 100 mcg.** CoQ10 is central to all cellular energy production, while also being a powerfully protective and critical anti-oxidant. It must be present at high concentrations in the hardest working organs in the body (heart, brain, liver and kidneys) in order for these organs to function at their best and to protect themselves. CoQ10 levels decrease with age, stress, medications, poor diet and even physical activity making supplementation essential.

Alpha Lipic Acid (ALA) – 100 mcg. Because of its unique ability to be both water and fat soluble, ALA is referred to as the "Universal Anti-Oxidant." This unique solubility allows it to go virtually anywhere in your body protecting hard-to-reach tissues from oxidative damage. Even more important is its essential role in the production of your body's most powerful internal anti-oxidant – Glutathione. Like CoQ10, internal levels of ALA decline with age, stress and the use of certain medications making supplementation a matter of common sense.

Resveratrol – 100 mcg. Resveratrol has been the focus of extensive anti-aging research and only recently available in a pure, high-potency natural form. Resveratrol is the molecule behind the benefits of Red Wine, the Mediterranean diet and the French Paradox. Resveratrol is a far more powerful anti-oxidant than either Vitamins E or C; however, it is Resveratrol's impact on preserving the telomeres in our genetic material that places it at the forefront of the latest anti-aging research.

Epigallocatechin Gallate (EGCG) – 100 mcg. EGCG from Green Tea combines thousands of years of traditional use with decades of compelling medical research. EGCG is a powerfully protective molecule that also enhances the activity of our most important internal anti-oxidants. EGCG is also vital to our liver and therefore to our body's internal cleansing and detoxification systems, while also supporting the immune system and protecting the delicate tissues of our brain, heart and prostate.

Pomegranate (40% Ellagic Acid/40% Punicalagins) – 100 mcg. Used traditionally for centuries and referred to as "sacred fruit", scientists have confirmed Pomegranate's unique protective content. Unfortunately, most Pomegranate products and juices are not standardized to deliver its beneficial compounds, whereas our 40:40 Complex is standardized for both Punicalagins and Ellagic Acid assuring you all the benefits you seek without the sugar and calories of Pomegranate Juice.

Citrus Bioflavonoids – 100 mcg. Citrus Bioflavonoids, including Hesperidin and Rutin, are some of the most powerfully protective compounds found in plants, and as the name suggests, are highly concentrated in citrus fruit. Citrus Bioflavonoids possess their own independent antioxidant activity and also act synergistically to enhance the benefits of Vitamin C, which is why they are so often included in separate Vitamin C formulas.

ELITE 100 delivers the nutrients you seek without employing impossible to swallow and difficult to digest tablets. Instead, we use only easy-to-swallow capsules containing ultra-fine, non-acidic powders to ensure the greatest ease of use with no risk of stomach upset. Also, unlike typical multi-vitamins that ignore the current science, **ELITE 100** provides a comprehensive list of vitamins, minerals, carotenoids and phytonutrients at levels that respect both you and the scientific literature.

These statements have not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

UNSURPASSED.
Purity. Quality. Integrity.
Effectiveness.

Andrew Lessman
Founder and President, ProCaps Labs

PROCAPS LABORATORIES
The Only Choice of Professionals.

In 1979, Andrew Lessman founded a nutritional supplement manufacturing company committed to the science of creating the world's finest and purest natural products to meet the exacting standards of medical and elite professionals. More than 40 years later, **PROCAPS LABORATORIES** continues as an ethical alternative to the inferior quality and undesirable additives present in typical products. Today, **PROCAPS** offers you the exact same quality and exceptional purity previously only available to health and fitness professionals.

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THE PERFECT PACKET.

The Perma-Fresh Purple Packet.
The Only Packet Worthy of
Our 200% Pure Products.

Our Purple Packet is our most advanced packet ever, offering even more protection than our original Foil Packet. To retain potency, vitamins must be protected from light, moisture and oxygen and the ordinary clear packets used with typical vitamins cannot do so. Our unique Purple Packets are constructed from multiple layers of specialized materials to safeguard your vitamins from damaging light, moisture and oxygen. For decades, our Foil Packets set the standard for vitamin protection and today, our Perma-Fresh Purple Packet takes that protection to the highest levels, giving your vitamins the special protection they deserve.

Other ingredients: Gelatin capsules, Proprietary Protective Methyl-B12 Matrix.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, excipient, lubricant, coating, dyes, coloring, artificial flavors, colors, preservatives or preservatives.

CONTAINS NO ADDITIVES OF ANY KIND.

Supplement Facts		Serving Size: 1 Packet (6 Capsules)
Amount Per Packet		%DV*
Vitamin A (as natural beta carotene)	750 mcg (RAI (2,500 IU))	83%
Vitamin C	1,000 mg (1 g)	1,511%
(as calcium ascorbate/fragrant ascorbate/ascorbyl palmitate)		
Vitamin D3 (as cholecalciferol)	50 mcg (2,000 IU)	250%
Vitamin E (as natural d-alpha-tocopherol succinate)	268 mcg (400 IU)	1,787%
Vitamin B1 (as thiamin hydrochloride)	25 mg	2,083%
Vitamin B2 (as riboflavin)	25 mg	1,923%
Niacin (as niacinamide/chromium nicotinate)	25 mg	156%
Pantothenic Acid (as calcium pantothenate)	25 mg	500%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1,471%
Vitamin B12 (as methylcobalamin/propionylcobalamin B12)	250 mcg	10,417%
Folate Complex	400 mcg DFE (120 mcg folic acid)	100%
(as L-methylfolate, folic acid)		
Biotin	500 mcg	1,667%
Calcium (as ascorbate/carbonate/malate)	200 mg	15%
Magnesium (as ascorbate/citrate)	100 mg	24%
Zinc (as zinc citrate)	30 mg	273%
Selenium (as selenomethionine complex)	200 mcg	364%
Copper (as copper citrate)	2 mg	222%
Manganese (as manganese citrate)	2 mg	87%
Chromium (as chromium nicotinate)	200 mcg	671%
Molybdenum (as molybdenum glycinate)	75 mcg	167%
Boron (as boron glycinate)	300 mcg	↑
Lutein	5 mg (5,000 mcg)	↑
Lycopene	5 mg (5,000 mcg)	↑
Zeaxanthin Complex	2,000 mcg (2 mg)	↑
Vitamin K (as vitamin K2)	80 mcg	↑
Alpha Lipic Acid	100 mg	↑
Coenzyme Q-10 (natural ubiquinone)	100 mg	↑
Epigallocatechin Gallate (EGCG)	100 mg	↑
Pomegranate (Green Tea leaf extract)	100 mg	↑
Pomegranate Blend, sweet fruit	100 mg	↑
standardized to 40% punicalagins/40% ellagic acid		
Resveratrol (from Polygonum cuscutatum root extract)	100 mg	↑
Citrus Bioflavonoid Complex, fruit	100 mg	↑
standardized to 40% bioflavonoids		
Branched Chain Amino Acid Complex (as leucine/valine)	50 mg	↑
Silicon (as silicon dioxide)	10 mg	↑

*Percent Daily Value (NDV) based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Gelatin capsules, Proprietary Protective Methyl-B12 Matrix.

CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, excipient, lubricant, coating, dyes, coloring, artificial flavors, colors, preservatives or preservatives.

CONTAINS NO ADDITIVES OF ANY KIND.

60 Perma-Fresh Packets™ • 360 Easy-to-Swallow Capsules

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