

**SUGGESTED USE** Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. **For questions about the use of this product call 800.332.7799.**

FOR OVER 40 YEARS

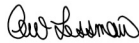
**Unsurpassed Purity, Quality and Efficacy**

100% SOLAR PRODUCTION | ZERO CARBON FOOTPRINT

*We Remain Uniquely Committed  
to You and the Planet.*

*You have my unwavering Promise.*

**PROCAPS**  
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Andrew Lessman, Founder

**QUESTIONS? | REORDERS?**

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ANDREW LESSMAN

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# MAXIMUM ESSENTIAL OMEGA-3™

**Free of Mercury and Contaminants**

Ultra-Concentrate of DHA and EPA



Dietary Supplement | **180** Easy-to-Swallow Capsules

**Andrew Lessman's MAXIMUM ESSENTIAL OMEGA-3** is our highest potency blend of ultra-pure Omega-3s. Our Omega-3s exist in their most active, natural triglyceride form and not as inferior, synthetic ethyl esters. Omega-3s are required for the structure, function and health of all body systems and since they cannot be made by the body, their benefits are only available from cold-water fish or a quality Omega-3 supplement. Research has shown that diets rich in Omega-3s are associated with superior heart, brain, eye, circulatory and general health; yet the American diet delivers alarmingly low levels of these precious fats. **Maximum Essential Omega-3** delivers an ultra-concentrated, but mild blend of DHA (Docosahexaenoic Acid), EPA (Eicosapentaenoic Acid) and DPA (Docosapentaenoic Acid), as well as SDA (Stearidonic Acid) from Ahiflower® Oil – its richest natural source. Typical Omega-3 formulas focus on EPA, which is less costly to provide, whereas our Omega-3s target vital DHA, which is essential for brain, eye and heart structure and function. In fact, the highest functioning areas of the brain and the most critical parts of the eye (macula and retina) contain and require ultra-high levels of DHA. Fish oil supplements have long been praised for their myriad health benefits, but they are also criticized for their potential contaminants; however, **Maximum Essential Omega-3** allows you to enjoy all the benefits of fish oil without the contaminants or stomach upset.

Ahiflower® is a registered trademark of Technology Crops, LLC.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**CONTAINS NO ADDITIVES OF ANY KIND**

## Supplement Facts

Serving Size 2 Softgels	Servings Per Container 90	
Amount Per Serving		%DV*
<b>Calories 10</b>		
<b>Total Fat 1.5 g</b>		<b>2%</b>
<b>Cholesterol 5 mg</b>		<b>2%</b>
Fish Oil (anchovy, mackerel, menhaden, sardine, tuna)	1,210 mg	†
<b>Total Omega-3 Fatty Acids</b>	<b>&gt;1,000 mg</b>	
DHA - Docosahexaenoic Acid (Omega-3)	500 mg	
EPA - Eicosapentaenoic Acid (Omega-3)	350 mg	
DPA - Docosapentaenoic Acid (Omega-3)	50 mg	
ALA - Alpha-Linolenic Acid (Omega-3) (from B. arvensis seed, Ahiflower® oil)	70 - 80 mg	†
SDA - Stearidonic Acid (Omega-3) (from B. arvensis seed, Ahiflower® oil)	30 - 35 mg	†
Other Omega-3 Fatty Acids	50 mg	
GLA - Gamma-Linolenic Acid (Omega-6) (from B. arvensis seed, Ahiflower® oil)	7.5 mg	†

\* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients. Soft-gelatin capsule (Gelatin, purified water, glycerin). **CONTAINS NO** Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, color, preservative or manufacturing additives.