SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. As with any dietary supplement, this product is most effective as part of a healthy diet and active lifestyle. For questions about the use of this product call 800.332.7799.

FOR OVER 40 YEARS **Unsurpassed Purity, Quality and Efficacy**





QUESTIONS? | REORDERS?





Manufactured by ProCaps Labs, Henderson, NV 89011



Dietary Supplement | 180 Easy-to-Swallow Capsules



Comprehensive Probiotic Complex

FRIENDLY **FLORA** PROBIOTIC

10 BILLION CFU Five Beneficial Probiotic Strains



beneficial probiotic strains, delivering an exceptional 10 Billion Colony Forming Units (CFU) per capsule. Probiotic means "for life" and probiotic-rich foods have been consumed for thousands of years. However, our diet is no longer rich in microflora with yogurt remaining one of its only sources, which typically contains unwanted calories and sugar and only provides unreliable levels of a single strain of microflora. There are trillions of beneficial microorganisms (microflora) in our body and their healthy balance is essential to the health of our digestive and immune systems. Our Friendly Flora Probiotic is designed to enhance the balance of these microorganisms in our digestive, immune, urinary and genital systems. It is well established that the microflora in our GI (gastrointestinal) tract play a vital role in promoting healthy digestion, including nutrient absorption and regularity. Maintaining a proper balance of our microflora is also essential to healthy immune system function. The delicate balance of microflora is easily upset by stress, poor diet, digestive issues and aging. This fragile balance is further disrupted by medications that affect the digestive system and its pH balance, such as antacids or antibiotics, which can entirely wipe out our microflora. Friendly Flora Probiotic provides 10 Billion Colony Forming Units per capsule

beneficial microflora to ensure the essential benefits These statements have not been evaluated by the Food and Drug Administration.

Daily Value not established

Andrew Lessman's FRIENDLY FLORA PROBIOTIC is a comprehensive blend of five established,

Serving Size I Capsule	Servings Fer Container
Amount Per Serving	
Total CFU (Colony Forming Units)	10 Billion
Lactobacillus acidophilus (La-14	4) 4 Billion CFU
Lactobacillus plantarum (Lp-11	2 Billion CFU
Lactobacillus paracasei (UALpc-	04) 2 Billion CFU
Bifidobacterium lactis (HN019/	BL-04) 2 Billion CFU

Other Ingredients: Natural plant cellulose (acid resistant) vegetarian

capsule, microcrystalline cellulose, silicon dioxide, magnesium stearate

NOTE This product should be stored in a cool, dry place and kept

away from sources of heat or humidity. It does not require refrigeration

This product is not intended to diagnose, treat, cure or prevent any disease. **CONTAINS NO COMMON ALLERGENS**

of these remarkably healthy "friends."

of five carefully selected varieties of established,