

SOURCE NATURALS®



DIETARY SUPPLEMENT

VITAMIN K

500 MCG • 200 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin K (phytonadione)	500 mcg	416%
Calcium (as dibasic calcium phosphate & naturally occurring)	55 mg	4%

Other ingredients: dibasic calcium phosphate, microcrystalline cellulose, stearic acid, silica, and magnesium stearate.

Vitamin K, or phytonadione, is a fat-soluble vitamin best known for its important function in the biological activity of several blood coagulation factors. Recent research has also shown a role for vitamin K in bone health. Vitamin K plays a key role in the synthesis of the bone proteins osteocalcin and matrix Gla-protein, which are involved in calcium and bone metabolism.*

Suggested Use: 1 tablet daily, preferably with a meal.

STORE IN A COOL, DRY PLACE.

CAUTION: If you are taking anticoagulant drugs, such as warfarin (Coumadin®), or if you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians. Contains no yeast, dairy, egg or soy. Contains no starch, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured by:
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