

ELECTROLYTE MIX

HYDRATION

With ACV

Blue Raspberry Lemonade[†]

HYDRATION & PERFORMANCE SUPPORT[†]

25

Servings

Replenishes Electrolytes*
Antioxidant and Immunity Support*
With 800 mg Buffered Vitamin C
1500 mg of ACV Per Serving

25 (7 g) Stick Packs - NET WT 6.2 oz (0.4 lb/175 g) - Dietary Supplement



Essential elements[®] Hydration

Hydration by Essential elements[®] keeps your motor running with the combination of apple cider vinegar, sodium, potassium, and buffered vitamin C to ease digestion and keep you hydrated.* As you engage in the day's activity (yes, even sitting down), your body naturally depletes its electrolyte supply. In order to get the most out of your day-to-day efforts, you need to stay fueled. Mix it up, knock it back, and keep your energy tank filled.*



SUGGESTED USE:

Mix one (1) stick pack with 16 - 20 fl oz of water.

WARNING:

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

QUESTIONS?

Essential elements[®]
London, UT 84042

(888) 343-9888
support@essentialelementsnutrition.com
essentialelementsnutrition.com

KETO-FRIENDLY

DAIRY-FREE

SOY-FREE

GLUTEN-FREE

SUGAR-FREE

NO ARTIFICIAL
COLORS

NATURAL
FLAVORS

Supplement Facts

Serving Size 1 Stick Pack (7 g)
Servings Per Container 25

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	<1%
Vitamin C (as Sodium Ascorbate)	800 mg	889%
Chloride	400 mg	20%
Sodium	500 mg	22%
Potassium	400 mg	8%

Apple Cider Vinegar (ACV)	1500 mg	†
5% Acetic Acid Powder		
Blue Spirulina 25% Phycocyanin Extract	50 mg	†
(Spirulina platensis)		

*Percent Daily Value is based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other Ingredients: Citric Acid, Potassium Citrate, Sodium Ascorbate, Himalayan Sea Salt, Natural Raspberry Lemonade Type Flavor With Other Natural Flavors, Sodium Citrate, Stevia Leaf, Fumaric Acid, Malic Acid, Silica

Manufactured for Essential elements[®] (London, UT 84042)
Manufactured in the USA from globally sourced ingredients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FOLLOW US: @EssentialElementsNutrition