

SUGGESTED USE: 2½ Tbsp (15g) daily for 30 days. Mix with two cups water or favorite beverage for 3 minutes and consume.

Highly recommended to continue to use regular Anutra Omega 3 powder to maintain optimum digestive and excellent overall health maximizing energy, strength, endurance, alertness and longevity.

MUST REFRIGERATE AFTER OPENING

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

INGREDIENTS: 100% NATURAL ORGANIC MILLED ANUTRA WHOLE GRAIN, (SALVIA HISPANICA L), NUTRITIONALLY DRIED ORGANIC BLUEBERRIES, BLACKBERRIES, RASPBERRIES, LACTOBACILLUS, TURMERIC, GINGER, CINNAMON, CLOVE.

Patent No.: US 9,386,795 B2

Distributed by:
Anutra Super Grain, LLC
248 Hatteras Ave
Clermont, FL 34711

Certified Organic by: MAYACERT, S.A.

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**Why is Anutra® Cleanse
the World's Healthiest and
Better than all Others?**

- Anutra Grain worlds healthiest whole food is main cleansing ingredient.
- Other cleanse products use psyllium and other base ingredients that are not nutritious or approved by the FDA or USDA as a regular food.
- Anutra Grain is approved by the FDA and USDA as a regular food without limits.
- Anutra Cleansing grain contains the highest and safest natural source of prebiotic fiber, probiotic (lactobacillus), omega 3, 6, and 9's, antioxidants, calcium, complete protein and over 50 other important cleansing and healing phytonutrients.
- Anutra Grain special milled patented shapes and sizes of particle and molecules vary from the tip of a pin to ¼ the size of a BB enabling maximum scrubbing, cleansing and healing of the colon, digestive system and entire body.
- Omega 3, 6 and 9's and many other highly nutritional ingredients naturally found in Anutra heal and rejuvenate healthiest new cells in colon, entire digestive system and your whole body promoting overall well-being, energy, strength, endurance, alertness and longevity.
- Lowers glycemic index, A1C, blood sugar and reduces hunger promoting weight loss.
- Low calories, no sugar, no salt, nothing artificial.
- Clinical studies on Anutra's properties show positive results in lowering blood pressure, cholesterol, body inflammation (crp levels) and blood thinning (aspirin effect) and reducing the risk of heart disease, cancer, diabetes, osteoporosis and more. A regular food without limits.

A NEW YOU IN 90 DAYS!

Did you know that every 90 days your body regenerates nearly all its cells (7 to 10 trillion). When you regenerate healthier, stronger, smoother, more elastic cells, you slow the normal aging process. Be the best you can be.

See how Anutra-sizing can change your life forever!†



**WORLD'S HEALTHIEST 100% NATURAL
WHOLE BODY
CLEANSE**

30 DAY HEALING

Contains Very Special Milled Anutra® Grain, Prebiotics,
Probiotics, Omega 3, 6 & 9's, Antioxidants,
Calcium, Complete Protein and
Over 50 Other Important Cleansing Phytonutrients...

**100% RDV
Omega 3's**
Regenerates
healthiest new
cells, and more...

BERRY
Whole Blueberry,
Blackberry, Raspberry
Flavored

**30
SERVINGS**



DIETARY SUPPLEMENT

NET WT. 16 OZ (454g)



†† ANUTRA ORAC (OXYGEN RADICAL ABSORPTION CAPACITY) HYDRO (UMOLE TE/g) VALUE OF 75 PER GRAM, 600 PER SERVING

Supplement Facts

Serving Size: 2½ Tbsp. (Approx. 15g) Servings Per Container: 30

	Amount per serving	% Daily Value		Amount per serving	% Daily Value
Calories	43		Anutra™ (<i>Salvia hispanica</i> L)	8 g	**
Calories from fat	24				
Total fat	2.7 g	4%	Amino Acids		
Saturated fat	0.27 g	1.5%	Alanine	84 mg	**
Trans fat	0 g	**	Arginine	232 mg	**
Polyunsaturated fat	2.16 g	**	Aspartic Acid	149 mg	**
Monounsaturated fat	0.27 g	**	Cystine	6 mg	**
Cholesterol	0 mg	0%	Glutamic Acid	313 mg	**
Total Carbohydrates	2.7 g	1%	Glycine	90 mg	**
Dietary fiber	2.7 g	11%	Histidine	36 mg	**
Insoluble fiber	2.7 g	**	Iso-Leucine	69 mg	**
Soluble fiber	<0.008 g	**	Leucine	129 mg	**
Sugars	0 g	**	Lysine	121 mg	**
Sodium	0 mg	0%	Methionine	24 mg	**
Protein	1.62 g	4%	Phenylalanine	136 mg	**
Vitamin E (as mixed tocopherols)	0.22 IU	1%	Proline	78 mg	**
Thiamin	0.1 mg	8%	Serine	108 mg	**
Riboflavin	0.02 mg	1%	Threonine	68 mg	**
Niacin (vitamin B3)	0.85 mg	4%	Tryptophan	33 mg	**
Vitamin B 6	0.04 mg	2%	Tyrosine	81 mg	**
Folate (folic acid)	4.00 mcg	1%	Valine	82 mg	**
Biotin	1.50 mcg	1%	Essential Fatty Acids		
Pantothenic acid	0.05 mg	1%	Omega-3 (alpha-linolenic acid)	1,600 mg	**
Calcium	42 mg	5%	Omega-6 (linoleic acid)	540 mg	**
Iron	0.50 mg	3%	Omega-9 Fatty Acid Oleic acid	216 mg	**
Phosphorus	50.22 mg	5%	Phytonutrients		
Magnesium	19.00 mg	5%	Phenolic compounds	567 mg	**
Zinc	0.40 mg	3%	Lignins	689 mg	**
Selenium	6.00 mcg	8%	Phytic Acid	127 mg	**
Copper	0.1 mg	7%			
Manganese	0.15 mg	9%			
Chromium	6.00 mcg	5%			
Potassium	45.00 mg	1%			

*Percent Daily values are based on a 2,000 calorie diet. **Daily value not established.

Container is reusable and recyclable

WORLD'S HEALTHIEST WHOLE BODY CLEANSE