ALLERGEN FREE



ADULT

SUPER MINISTANIA

Suggested Use: As a dietary supplement, adults take one
(1) tablet daily, preferably with Anutra Plant-Based ALA Omega-3,
a meal or as recommended by a physician.

90 Super Tablets



†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control immediately.

IN A DRY PLACE AT CONTROLLED ROOM TEMPERATURE.

DO NOT EXPOSE TO EXCESSIVE HEAT OR MOISTURE.

Distributed by: Anutra Super Grain, LLC 248 Hatteras Ave., Clermont, FL 34711 **SUPER CHARGE** these vitamins by adding Anutra Plant-Based ALA Omega-3.

Supplement Facts

Serving size: 1 tablet Serving per container: 90

	Amount per serving	%Daily Value
Vitamin A (as beta-carotene)	5000 IU	100%
Vitamin C (as ascorbic acid)	90 mg	150%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	30 IU	100%
Thiamine (vitamin B1) (as thiamine mononitrate)	2.25 mg	150%
Riboflavin (vitamin B2)	2.6 mg	153%
Niacinamide (as vitamin B3)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	3 mg	150%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	9 mcg	150%
Biotin	45 mcg	15%
Pantothenic acid (as d-calcium pantothenate)	10 mg	100%
Calcium (as dicalcium phosphate)	162 mg	16%
Iron (as ferrous fumarate)	27 mg	150%
Phosphorus (as dicalcium phosphate)	125 mg	13%
lodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc sulfate)	22.5 mg	150%
Selenium (as selenium amino acid chelate)	15 mcg	21%
Copper (as cupric oxide)	3 mg	150%
Manganese (as manganese sulfate)	7.5 mg	375%
Chromium (as chromium amino acid chelate)	15 mcg	13%
Molybdenum (as molybdenum amino acid chelate)	15 mcg	20%
Potassium (as potassium chloride)	7.7 mg	<1%

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, hypromellose, glycerine.

FRESH VAC-PAC POTENCY





