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Keep Out of the Reach of Children
Store away from heat & light
Caution: Seek expert medical advice before taking during pregnancy.

Add 1 full squeeze of the dropper bulb to 2 oz. of water or juice, 2 to 5 times per day. Best taken between meals.

SHAKE WELL BEFORE USING

SUGGESTED USE

018

CALM BREATHING™

RESPIRATORY SYSTEM*



HERBAL SUPPLEMENT

4 fluid ounces (120 ml)

Calm Breathing™

Supplement Facts

Serving Size: 0.7 ml

Servings: about 168

Amount Per Serving	% DV
Proprietary extract blend:	630 mg Ⓢ †
Khella seed (<i>Ammi visnaga</i>) Ⓢ	
Skunk Cabbage rhizome with root (<i>Symplocarpus foetidus</i>) Ⓢ	
Grindelia budding & flowering tops (<i>Grindelia integrifolia</i>) Ⓢ Ⓢ	
Turmeric rhizome (<i>Curcuma longa</i>) Ⓢ	
Thyme flowering aerial parts (<i>Thymus vulgaris</i>) Ⓢ	

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (60-70%) & distilled water. **Gluten-Free**

Ⓢ Certified Organic Ⓢ Responsibly Wildcrafted
Ⓢ Fresh (undried) Ⓢ Extraction rate 84 mg fresh herb & 149 mg dry herb per 0.7 ml.

All of the herbs in this formula are individually extracted to ensure a broad spectrum of plant compounds.

HERB PHARM • WILLIAMS, OR 97544
800-348-4372 • www.herb-pharm.com

***THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**