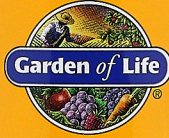




VITAMIN CODE[®]

PERFECT WEIGHT[™]

WHOLE FOOD MULTIVITAMIN
HEALTHY METABOLISM &
STRESS MANAGEMENT[†]



DIETARY SUPPLEMENT

Suggested Use: Adults take 4 capsules daily. Best taken 2 capsules twice a day. May be taken with or without food. Capsules may be opened and contents may be added to water or juice. Not intended for children.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene)	1,080 mcg	120%
Vitamin C (from culture of <i>S. cerevisiae</i>)	90 mg	100%
Vitamin D (as D3 from culture of <i>S. cerevisiae</i>)	50 mcg (2,000 IU)	250%
Vitamin E (as d-alpha tocopherol from Sunflower Oil)	15 mg	100%
Vitamin K (as K1 from culture of <i>S. cerevisiae</i>)	72 mcg	60%
Thiamin (B1 from culture of <i>S. cerevisiae</i>)	8.16 mg	680%
Riboflavin (B2 from culture of <i>S. cerevisiae</i>)	6.11 mg	470%
Niacin (as Niacinamide from culture of <i>S. cerevisiae</i>)	32 mg	200%
Vitamin B6 (from culture of <i>S. cerevisiae</i>)	6.8 mg	400%
Folate (from culture of <i>S. cerevisiae</i>)	400 mcg DFE	100%
Vitamin B12 (Methylcobalamin from culture of <i>S. cerevisiae</i>)	80 mcg	3330%
Biotin (from culture of <i>S. cerevisiae</i>)	30 mcg	100%
Pantothenic Acid (from culture of <i>S. cerevisiae</i>)	20 mg	400%
Iron (from Brown Rice Chelate)	1.8 mg	10%
Iodine (from Organic Sea Kelp)	75 mcg	50%
Zinc (from Brown Rice Chelate)	7.7 mg	70%
Selenium (from culture of <i>S. cerevisiae</i>)	55 mcg	100%
Manganese (from Brown Rice Chelate)	2.3 mg	100%
Chromium (from culture of <i>S. cerevisiae</i>)	59.5 mcg	170%
Molybdenum (from culture of <i>S. cerevisiae</i>)	45 mcg	100%
<i>Vitamin B3 (as niacin) 6-4 from culture of S. cerevisiae</i>	20 mcg	+
Boron (from culture of <i>S. cerevisiae</i>)	1 mg	+
Vanadium (from culture of <i>S. cerevisiae</i>)	10 mcg	+
Perfect Weight Antioxidant Immune & Metabolism Blend	270 mg	+
Organic Ashwagandha KSM-66 [®] (<i>Withania somnifera</i>) Root (5% withanolides), White Tea (leaf) Extract, Green Tea (leaf) Extract, Black Tea (leaf) Extract		
Raw Organic Fruit & Vegetable Blend	126 mg	+
Organic Apple (fruit), Organic Sea Kelp, Organic Beet (root), Organic Broccoli (stalk & flower), Organic Carrot (root), Organic Spinach (leaf), Organic Tomato (fruit), Organic Strawberry (fruit), Organic Tart Cherry (fruit), Organic Blackberry (fruit), Organic Green Bell Pepper (fruit), Organic Brussels Sprout (leaf), Organic Blueberry (fruit), Organic Ginger (root), Organic Garlic (bulb), Organic Green Onion (bulb), Organic Raspberry (fruit), Organic Parsley (leaf), Organic Cauliflower (flower & stem), Organic Red Cabbage (leaf), Organic Kale (leaf), Organic Cucumber (gourd), Organic Celery (stalk), Organic Asparagus (flower & stem)		
Enzyme Blend	30 mg	+
Lipase, Protease, Aspergillopepsin, beta-Glucanase, Cellulase, Bromelain, Phytase, Lactase, Papain, Peptidase, Pectinase, Hemicellulase, Xylanase		

+ Daily Value not established.

Other Ingredients: Organic potato starch, vegetable cellulose (capsule).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Keep out of reach of children. Store in a secure location. Do not use if safety seal is broken or missing. Made without dairy or shellfish. Free nuts or soy ingredients. Facility that also processes soy, dairy, peanut, tree nuts and shellfish.

No artificial colors or preservatives. Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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100% Certified
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Green-e.org



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