

SOURCE NATURALS®



DIETARY SUPPLEMENT

MEGA-GLA

300™

BORAGE SEED OIL

HEXANE FREE • 60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	%DV
Calories	15	
Total Fat	1 g	2%*
Pure Borage Seed Oil	1.3 g	†
Yielding:		
Linoleic Acid (LA)	477 mg	†
gamma-Linolenic Acid (GLA)	300 mg	†
Oleic Acid	194 mg	†
Palmitic Acid	112 mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: gelatin, glycerin, and purified water.

Suggested Use: 1 softgel daily with a meal.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

GLA (*gamma*-linolenic acid) is an essential fatty acid and a precursor of key regulating hormones called PGE1 prostaglandins. Many dietary and lifestyle factors can seriously reduce the body's GLA production. Borage seed oil provides the highest yield of GLA in the botanical kingdom (more than twice the GLA yield of evening primrose oil). The borage seed oil is extracted by a special cold-press process, which leaves no harmful residues and is HEXANE-FREE.*

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

STORE IN A COOL, DRY PLACE.

Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

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FG-102122 BEST IF USED BY 7 22

Manufactured for:
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