

**Suggested Usage:** Take 3 gummies daily, with or without food, or as directed by your qualified healthcare professional.

**Warnings:** Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.



California Gold Nutrition® is a registered trademark of Madre Labs, LLC

Manufactured for:  
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# CGN GUMMIES™

## Men's Multi Vitamin

Mixed Berry and Fruit Naturally Flavored

Formulated to Contain  
**No Gelatin**  
**No Gluten**  
**No GMOs**  
**No Soy**



Suitable for Vegetarians  
**90 Gummies**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 3 Gummies  
Servings Per Container 30

|                                            | Amount<br>Per Serving             | % Daily<br>Value |
|--------------------------------------------|-----------------------------------|------------------|
| Calories                                   | 40                                |                  |
| Total Carbohydrate                         | 10g                               | 4%*              |
| Total Sugars                               | 10g                               | †                |
| Includes 10g Added Sugars                  |                                   | 20%*             |
| Vitamin A (as Retinyl Acetate)             | 450mcg                            | 50%              |
| Vitamin C (as Ascorbic Acid)               | 30mg                              | 33%              |
| Vitamin D (as D2, Ergocalciferol)          | 20mcg                             | 100%             |
| Vitamin E (as dl-Alpha Tocopheryl Acetate) | 15mg                              | 100%             |
| Niacin (as Nicotinamide)                   | 16mg                              | 100%             |
| Vitamin B6 (as Pyridoxine HCL)             | 3.4mg                             | 200%             |
| Folate                                     | 306mcg DFE<br>(180mcg Folic Acid) | 77%              |
| Vitamin B12 (as Cyanocobalamin)            | 7.2mcg                            | 300%             |
| Biotin (as d-Biotin)                       | 3mcg                              | 10%              |
| Pantothenic Acid (as Calcium Pantothenate) | 5mg                               | 100%             |
| Iodine (as Potassium Iodide)               | 38mcg                             | 25%              |
| Zinc (as Zinc Citrate)                     | 2.7mg                             | 25%              |
| Chromium (as Chromium Chloride)            | 35mcg                             | 100%             |
| Molybdenum (as Sodium Molybdate)           | 11.3mcg                           | 25%              |
| Sodium                                     | 10mg                              | <1%              |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Sugar, Tapioca Syrup, Water, Citrus Pectin, Citric Acid, Sodium Citrate, Black Carrot and Beta-Carotene (for Color), and Natural Flavors.

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.