

# Organic Nettle Leaf



Calories

All Herbal Ingredients:





Supplement Facts
Serving Size 1 tea bag (makes 8 fl. oz.) Servings Per Container 16

Amount Per Serving % BV

Consult your healthcare practitioner prior to use if you are diabetic or if you are pregnant or breastfeeding. In sensitive individuals, nettle leaf preparations may occasionally cause mild asstrointestinal unset.

Caffeine Free
16 Wrapped Tea Bags
Herbal Supplement
NET WT 1.13 07 (32g)

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. DAILY HERBAL

### Organic Nettle Leaf

#### Herbal Power

Supports joint health and overall wellness.\*

#### Taste

Earthy, fresh and grassy.

#### Plant Story

In herbalism, nettle is the mother of all spring tonics. Known for its ability to support the whole body as well as joint health. 'this tea can help kick-start your body when you're feeling stagnant. Some of our favorite nettle hails from the wild meadows of Eastern Europe. where collectors harvest it by hand.

## To Enjoy POUR 8 oz. fre: over 1 tea bag.

POUR 8 oz. freshly boiled water

COVER & STEEP for 10-15 min.
SQUEEZE tea bag to ensure maximum goodness.
ENJOY 3-4 cups per day.

Herbs That Work

From field to cup, we make sure our teas deliver the benefits of these amazing plants. To deliver consistent high quality teas, we source organically farmed or organically wild-collected herbs from ethical trading partnerships, seeking out medicinal-grade plants. Only a small fraction of the world's herb supply meets



Learn more about our farming communities and the work of our foundation on our website.

traditionalmedicinals.com