TRADITIONAL MEDICINALS®

WOMEN'S WELLNESS

Organic Healthy Cycle®

Supports a Healthy Menstrual Cycle*

RASPBERRY LEAF

Caffeine Free

16 Wrapped Tea Bags

Herbal Supplement

NET WT .85 OZ (24g)

USDA ORGANIC

Supplement Facts

Serving Size 1 tea bag (makes 8 fl. oz.) **Servings Per Container** 16

	Amount Per Serving	%DV
Calories	0	
All Herbal Ingredients:		
Organic raspberry leaf†	270 mg	†
Organic licorice root†‡	150 mg	†
Organic stinging nettle leaf	60 mg	†
Organic dandelion herb & root	45 mg	†
Proprietary Blend:	975 mg	†
Organic spearmint leaf		†
Organic rose hip		†
Organic lemon verbena leaf		†
Organic West Indian lemongrass leaf		†
Organic ginger rhizome		†
Organic chamomile flower		†

† Daily Value (DV) not established.

Made By TRADITIONAL MEDICINALS
4515 Ross Road, Sebastopol, CA 95472 USA
Certified organic by CCOF
All Ingredients Certified Organic
‡28% FairWild® Certified ingredients by dry weight. www.fairwild.org

USDA ORGANIC | FAIR WILD | NON GMO Project VERIFIED nongmoproject.org | K | Certified B Corporation

Do not use if you are allergic to plants in the daisy (Asteraceae) family. **Do not use** this product if you are **pregnant or breastfeeding**, unless directed otherwise by your healthcare practitioner.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WOMEN'S WELLNESS

Organic Healthy Cycle® RASPBERRY LEAF

Herbal Power

Supports a healthy menstrual cycle.*

Taste

Pleasantly herbal, with hints of citrus and mint.

Plant Story

European and Native American women have been using the silvery leaves of the raspberry bush for thousands of years to support all phases of a woman's cycle.* Tapping into this ancient wisdom, we recommend drinking it regularly to support your wellness and vitality at any time of the month.

To Enjoy

POUR 8 oz. freshly boiled water over 1 tea bag.

COVER & **STEEP** for 10-15 min.

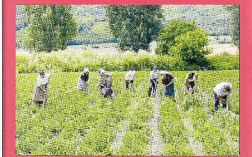
SQUEEZE tea bag to ensure maximum goodness.

ENJOY 2-3 cups per day.

BEST IF USED BY
SEE TIN BOTTOM OR SIDE
APR2023JB0006562

Herbs That Work

From field to cup, we make sure our teas deliver the benefits of these amazing plants. To deliver consistent high quality teas, we source organically farmed or organically wild-collected herbs from ethical trading partnerships, seeking out medicinal-grade plants. Only a small fraction of the world's herb supply meets our high quality standards.



Learn more about our farming communities and the work of our foundation on our website.

traditionalmedicinals.com