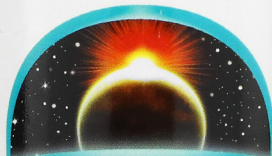


SOURCE NATURALS®



DIETARY SUPPLEMENT

MAGNESIUM ASCORBATE

IMMUNE SYSTEM SUPPORT*

NET WT. 8 OZ. (226.8 GRAMS)

Supplement Facts

Serving Size 1/4 Rounded Teaspoon (approx. 1.25 g)
Servings Per Container 181

	Amount Per Serving	%DV
Vitamin C (as magnesium ascorbate)	1,000 mg	1,111%
Magnesium (as magnesium ascorbate)	68 mg	16%

Suggested Use: A rounded 1/4 teaspoon daily, mixed in water or juice as desired, preferably with a meal.

Keep dry, away from heat and direct sunlight. Always replace cap. Do not refrigerate.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Magnesium ascorbate is non-acidic (pH neutral) and gentle on the digestive system. Vitamin C plays a vital role in collagen formation, amino acid metabolism, hormone synthesis, and the body's immune system. Magnesium is an essential mineral, playing a key role in over 300 enzymatic reactions in metabolism. These reactions include those involved in the Krebs cycle (one of the body's main energy production processes), energy storage, the breakdown of fatty acids, protein synthesis, DNA metabolism, the relaxation of both voluntary and involuntary muscle tissue, neurotransmitter activity, and hormone regulation. Magnesium is stored primarily in the bones, and plays a role in bone formation.*

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SN0834 REV J193

FG-103250 BEST IF USED BY 9 21

Manufactured for:
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