

## Natrol® Melatonin 1mg Fast Dissolve:

- Helps establish normal sleep patterns†
- Fast Dissolve form—take anytime, anywhere, no water needed
- 100% Drug-free and non-habit forming

Melatonin is a solution for occasional sleeplessness.†

**WARNING:** If you are taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder, consult a physician before using this product. Do not take while operating machinery or driving a vehicle. Not for use by children under 4 years of age. Consult a physician before use in children.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7607 F: 3002914 L: 2009629-19123



# NATROL®

# Melatonin

**FAST  
DISSOLVE**



STRAWBERRY  
NATURAL FLAVOR

## SLEEP

Fall Asleep Faster,  
Stay Asleep Longer†

100% Drug-Free

1mg



VEGETARIAN

VALUE SIZE

200 TABLETS

DIETARY SUPPLEMENT

**Directions:** Take 1 tablet 30 minutes before bedtime. Dissolve in mouth or chew before swallowing. No water necessary.

## Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 200

Amount Per Serving	%DV
Melatonin	1 mg *

\*Daily Value (DV) not established.

**Other Ingredients:** Xylitol, Cellulose Gum, Soy Polysaccharides, Maltodextrin, Dextrose, Crospovidone, Modified Food Starch, Silicon Dioxide, Malic Acid, Natural Flavor, Stearic Acid, Beet Root Extract, Magnesium Stearate, Citric Acid.

**Contains:** Wheat, Soy

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors, Flavors or Preservatives

Manufactured by NATROL LLC  
Chatsworth, CA 91311, USA  
1-800-2-NATROL (800-262-8765)  
www.natrol.com

LOT/EXP: