

NATROL®

# SLEEP CALM

Melatonin + L-Theanine,  
Botanical Blend

- Calms the mind and body, eases you to sleep<sup>†</sup>
- 100% Drug-free

**60 GUMMIES**  
DIETARY SUPPLEMENT

**STRAWBERRY**  
with other natural flavors



**DIRECTIONS:** Take 2 gummies  
30 minutes before bedtime

## Supplement Facts

Serving Size: 2 Gummies  
Servings Per Container: 30

| Amount Per Serving  |        | %DV |
|---|--------|-----|
| Calories  | 15     |     |
| Total Carbohydrate  | 4 g    | 1%* |
| Total Sugars  | 2 g    | **  |
| Includes 2g Added Sugars  |        | 4%* |
| L-Theanine  | 100 mg | **  |
| Melatonin   | 6 mg   | **  |
| Proprietary Botanical Blend                                       | 25 mg  | **  |
| Chamomile Extract ( <i>Matricaria recutita</i> ) (flower)         |        |     |
| Lemon Balm Extract ( <i>Melissa officinalis</i> ) (aerial parts)  |        |     |
| Lavender Extract ( <i>Lavandula angustifolia</i> ) (aerial parts) |        |     |

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value (DV) not established.

**OTHER INGREDIENTS:** Organic Tapioca Syrup,  
Organic Cane Sugar, Pectin, Natural Flavors,  
Citric Acid, Fruit and Vegetable Juice (color),  
Sodium Citrate, Coconut Oil, Carnauba Wax.

**NO:** Milk, Egg, Fish, Crustacean Shellfish,  
Peanuts, Wheat, Soybeans.

<sup>†</sup>These statements have not been  
evaluated by the Food and Drug  
Administration. This product is  
not intended to diagnose, treat,  
cure or prevent any disease.

**WARNING:** This product is not intended  
to treat insomnia. If you are taking  
medication, have any medical  
condition, are pregnant or lactating,  
have an autoimmune condition or  
depressive disorder, consult a physician  
before using this product. Do not take  
while operating machinery or driving a  
vehicle. Not for use by children under  
12 years of age. Consult a physician  
before use in children.

**STORE IN A COOL, DRY PLACE. KEEP  
OUT OF REACH OF CHILDREN.**

Manufactured for NATROL LLC,  
Chatsworth, CA 91311, USA  
1-800-2-NATROL (800-262-8765)  
[www.natrol.com](http://www.natrol.com)

## Natrol® Sleep + Calm

helps calm an active mind and  
body and ease you to sleep.<sup>†</sup>

### What's Inside:



**Melatonin**  
for better sleep<sup>†</sup>



**L-Theanine**  
helps calm the mind<sup>†</sup>  
(when used with melatonin)



**Botanical Blend**  
of chamomile,  
lavender, lemon balm

## Sweet, Revitalizing Sleep<sup>†</sup>

### All Natrol Gummies are:

- Non-GMO
- Vegetarian & Gelatin Free
- No Synthetic Dyes
- No Artificial Flavors, Sweeteners or Preservatives

ITEM: 7779 - 20308



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