

PODIUM FUSE HELPS YOU ACHIEVE PEAK PERFORMANCE ANYTIME YOU'RE ON THE CLOCK.

SUGGESTED USE: Mix one (1) level scoop with 6-8 ounces of water 20-30 minutes before training. **Shake well and enjoy!**



WEIGHTLIFTING



EMOM



AMRAP

WARNING: This product is intended for use by only healthy adults ages 18 or older. Pregnant or nursing women, individuals with known or suspected medical conditions, and those taking medications should not use this product. Consult a health care provider prior to using this or any dietary supplement. Discontinue use and seek immediate medical attention if you experience any adverse reaction to taking this product. This product contains caffeine and should not be used in combination with caffeine or stimulants from other sources. Too much caffeine may cause nervousness, irritability, sleeplessness, and sometimes rapid heartbeat. **DO NOT EXCEED 2 SCOOPS PER DAY.** Discontinue use two (2) weeks prior to surgery. Do not use if safety seal is damaged or missing. Store in a cool, dry place. **USE ONLY AS DIRECTED.**

Not for use by infants or children. Discontinue use and seek immediate medical attention if you experience any adverse reaction to taking this product. Keep out of reach of children.

CA PROP 65 WARNING: This product may expose you to chemicals including lead known to the state of California to cause cancer, birth defects, or other reproductive harm. Visit www.p65warnings.ca.gov for more information.

Beta-Alanine may cause a harmless tingling sensation in some individuals.



Proudly manufactured in the United States in a GMP compliant facility with ingredients of domestic and international origin.



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30
SERVINGS
NATURALLY &
ARTIFICIALLY
FLAVORED
NO SUGAR
ADDED

FUSE
PRE WORKOUT

DIETARY SUPPLEMENT
SOUR
WATERMELON
NET WT. 406 G (14.32 OZ)

PODIUM®

SUPPLEMENT FACTS

Serving Size: 1 Scoop (13.5 g)
Servings Per Container: 30

	Amount Per Serving	%DV*
Vitamin B6 (as Pyridoxine HCl)	0.4 mg	24%
Vitamin B12 (as Methylcobalamin)	35 mcg	1458%
Folic Acid	417 mcg DFE	104%

Podium Performance

L-Citrulline Base	4,000 mg	†
Beta Alanine	3,200 mg	†
Taurine	1,000 mg	†
elevATP® (from Ancient Peat and Apple Fruit Extract as <i>Malus sp.</i>)	150 mg	†

Podium Focused Energy

L-Tyrosine	1,000 mg	†
Caffeine Anhydrous	200 mg	†
Gamma Aminobutyric Acid (GABA)	200 mg	†
Coffeeberry® (<i>Coffea arabica</i> [Fruit] Extract)	50 mg	†
Theacrine (as Teacrine®)	50 mg	†
Astragin® (<i>Panax notoginseng</i> [Root] Extract and <i>Astragalus membranaceus</i> [Root] Extract)	50 mg	†
Huperzine A (from <i>Huperzia serrata</i> [Whole Plant] Extract)	0.2 mg	†

*Percent Daily Values are based on a 2000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Malic Acid, Natural Flavors, Tartaric Acid, Sucralose, Silica, Paprika (Natural Orange Color), Acesulfame Potassium.

ALLERGEN WARNING: Processed in a facility and/or manufacturing line that also processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts, and peanuts.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GLUTEN FREE SOY FREE DAIRY FREE

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elevATP

AstraGin

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