VITAMIN CODE®

DOES YOUR LIQUID MULTI HAVE THE CODE?

The **RAW Food-Created Nutrients™** in **Vitamin Code®** formulas are individually cultivated with their unique Code Factors™ intact, enabling natural recognition of nutrients by your body.

WHAT IS A CODE FACTOR™?

The known, and yet to be discovered synergistic compounds found in food and necessary for proper nutrient delivery. Providing these Code Factors™ infuses the essential elements of whole foods that the body thrives upon.

Feed your body with **Vitamin Code® Liquid**, a comprehensive multivitamin formula made with **RAW Whole Food Vitamins and Minerals**—providing targeted delivery of essential vitamins and minerals for extraordinary health and vitality.[1]

Your body is designed to recognize and utilize nutrients best when they come from food. Each individual nutrient delivered to your body from food comes intact with its own specific and unique cofactors that tell your body where and how to utilize that nutrient. When vitamins or minerals are isolated from food or synthesized in a lab, their cofactors can be removed, inhibiting their ability to effectively nourish your body. While a diet rich in RAW whole foods is the best way to consume nutrients, if you are going to supplement, you should seek out a whole food liquid multivitamin formula with **RAW Whole Food Vitamins and Minerals**.

Go beyond vitamins and minerals with **Vitamin Code® Liquid**. You only get one body, so feed it nutrients as nature intended.

- **Mental & Physical Energy**[1]
  - Vitamin B complex, Chromium, Iron
- **Healthy Heart**[1]
  - Vitamin B complex, Vitamins C, E
- **Antioxidant Cellular Protection**[1]
  - Vitamins C, E
- **Immune Support**[1]
  - Vitamins A, C, D, Selenium, Zinc
- **Healthy Metabolism**[1]
  - Vitamin B complex, Chromium
- **Healthy Joints and Bones**[1]
  - Vitamins A, C, D, Calcium, Magnesium, Zinc

Vitamin Code® Liquid—A Tradition of Innovation

The First and Only Liquid Multivitamin with FoodStable®

- 100% Whole Food Preservation System—no Chemical Preservatives
- No Sodium Benzoate or Potassium Sorbate
- 100% RAW Whole Food Vitamins and Minerals—No Isolates or Synthetic Nutrients

No other liquid multivitamin that we know of can make these claims.

vitamin origin

For every Vitamin Code® bottle sold, a donation will be made by Vitamin Origin's Vitamin Donation 20/20 program to eliminate Vitamin A deficiency in the world by the year 2020.

www.RawVitamins.com

Distributed by **Garden of Life LLC**
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Made in Canada www.gardenofolife.com

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Garden of Life

We Support vitamin origin

RAW ENERGY

BEYOND VITAMINS & MINERALS

VITAMIN CODE Liquid

FRUIT PUNCH

MULTIVITAMIN FORMULA

Made with RAW Whole Food Vitamins and Minerals

No Isolates or Synthetic Nutrients

FoodStable™ 100% Whole Food Preservation System
No Sodium Benzoate or Potassium Sorbate

46 Superfoods, Including 34 RAW Organic Fruits, Veggies and Sprouts

Vegetarian • Gluten Free • Dairy Free • No Artificial Colors or Flavors

30 FL OZ (900 mL)

Whole Food Dietary Supplement

Suggested Use: Adults take 1 capful (approximately 1fl. oz.) daily with food. Shake bottle well, serve cold and may be diluted with water. For optimal freshness, refrigerate after opening and use entire contents within 60 days. Not intended for children.

Supplement Facts

Serving Size 1 Capful (Approximately 1 fluid ounce or 30 ml)
Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	25	**Mixed Tocopherols**[*] (alpha-tocotrienol, beta-tocotrienol, gamma-tocotrienol, alpha-tocotrienol, beta-tocopherol, gamma-tocopherol)	13 mg
Total Carbohydrate	5 g	**Mixed Carotenoids**[*] (alpha-carotene, gamma-carotene, lycopene)	12 mg
Dietary Fiber	1 g	**RAW Organic Fruit & Vegetable Blend** (Organic Strawberry (fruit), Organic Cherry (fruit), Organic Blackberry (fruit), Organic Blueberry (fruit), Organic Raspberry (fruit), Organic Beet Juice (root), Organic Carrot Juice (root), Organic Spinach Juice (leaf), Organic Broccoli Juice (flower & stem), Organic Tomato Juice (fruit), Organic Kale Juice (leaf), Organic Red Cabbage Juice (leaf), Organic Parsley Juice (leaf), Organic Brussels Sprout Juice (leaf), Organic Green Bell Pepper Juice (fruit), Organic Cucumber Juice (gourd), Organic Celery Juice (stalk), Organic Garlic Juice (bulb), Organic Onion Juice (root), Organic Green Onion Juice (root), Organic Cauliflower Juice (flower & stem), Organic Asparagus Juice (flower & stem)	150 mg	*
Protein	< 1 g	**RAW Citrus C Blend** (RAW Amla Berry, Grapefruit (Citrus Paradisi), Brazilian Orange (Citrus Sinensis), Navel Orange (Citrus Sinensis), Nagami Kumquat (Fortunella Margarita), Neoheseperidin, Pomelo (Citrus Maxima), Tangerine (Citrus Reticulata), Tangelo (Citrus Reticulata), Bitter Orange (Citrus Aurantium), Neoheseperidin, Poncirin, Hesperidin, Rutin)	50 mg	*
Vitamin A* (as beta-carotene)	9,000 IU	**RAW Organic Mushroom Mycelia Blend** (Organic Reishi (Ganoderma lucidum), Organic Cordyceps (Cordyceps sinensis), Organic Turkey Tail (Coriolus versicolor), Organic Maitake (Grifola frondosa), Organic Shiitake (Lentinula edodes), Organic Maitake (Grifola frondosa), Organic White Wood Ear (Tremella fuciformis), Organic Rosy Polypore (Fomitopsis cajanderi), Organic Blazei (Agaricus blazei)	50 mg	*
Vitamin C*	240 mg	**RAW Organic Sprout Blend** (Organic Amaranth Sprout, Organic Quinoa Sprout, Organic Millet Sprout, Organic Buckwheat Sprout, Organic Sunflower Sprout, Organic Garbanzo Bean Sprout, Organic Flax Seed Sprout, Organic Sunflower Seed Sprout, Organic Pepitas Seed Sprout, Organic Lentil Sprout, Organic Adzuki Bean Sprout, Organic Chia Seed Sprout, Organic Sesame Seed Sprout)	50 mg	*
Vitamin D*	1,000 IU			
Vitamin E*	27 IU			
Vitamin K*	100 mcg			
Thiamin* (Vitamin B_1)	8 mg			
Riboflavin* (Vitamin B_2)	8 mg			
Niacin* (as Nicotinamide)	40 mg			
Vitamin B_6*	5 mg			
Folate*	400 mcg			
Vitamin B_{12}*	100 mcg			
Biotin*	300 mcg			
Pantothenic Acid*	40 mg			
Calcium*	20 mg			
Magnesium*	10 mg			
Iron*	3 mg			
Iodine*	150 mcg			
Zinc*	8 mg			
Selenium*	125 mcg			
Copper*	2 mg			
Manganese*	4 mg			
Chromium*	120 mcg			
Molybdenum*	75 mcg			
Potassium*	50 mg			

* Percent Daily Values are based on a 2,000 calorie diet.
+ Daily Value not established.

Other ingredients: Purified water, vegetable glycerin, medium chain triglycerides, apple juice, RAW organic apple cider vinegar, organic lemon juice, natural flavor (fruit punch), alpha, L-ascorbyl-2-palmitate, Saccharomyces cerevisiae, rebaudioside A (stevia), citrus extract and grapefruit seed extract (to preserve freshness). Contains tree nuts (cashew).

To learn more about the **RAW Food-Created Nutrients™** used exclusively by Garden of Life, go to www.gardenofolife.com

CAUTION: As with any dietary supplement consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticoagulant, taking medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Use only as directed.

Contains fish ingredients. No artificial colors, flavors, preservatives or sweeteners.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Recyclable Bottle

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Fl. Oz. 100% Certified Raw Whole Foods