**DIRECTIONS:** As a dietary supplement, blend, shake or stir two level scoops (50 g) into 8-12 ounces of water 2-3 times per day, or as directed by a healthcare professional.

Metabolic Detox® Complete is designed for use as part of a comprehensive detoxification program. An excellent supplement for elimination diets. Metabolic Detox® Complete provides hypoallergenic pea, rice and hemp proteins, as well as vitamins, minerals, amino acids, and other nutrients to support Phase I and Phase II detoxification\*.

Keep tightly closed in a dry place; do not expose to excessive heat.

## KEEP OUT OF THE REACH OF CHILDREN.

**CAUTION:** Pregnant or lactating women, or individuals taking prescription medications, consult your healthcare professional before taking this product.









\*\*Quatrefolic\* is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7,947,662

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured in a GMP Compliant Facility Metabolic Maintenance® 601 N Larch Street, Sisters, Oregon 97759 Contact # 800-772-7873





## DIETARY SUPPLEMENT

## Metabolic Detox® Complete

Natural Chocolate

Contains Pea, Rice and Hemp Proteins

1.05 kg / 2.3 lb 21 SERVINGS

## Supplement Facts

Serving Size: 2 scoops (50 g. 6 Tbsp.) Servings Per Container: 21

Amount Per Serving	% Daily	Value*
Calories	165	8%
Total Fat	5.5 g	7%
Saturated Fat	3.5 g	18%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Sodium (naturally occurring)	225 mg	10%
Total Carbohydrate	11 g	4%
Dietary Fiber	7 g	25%
Soluble Fiber	5 g	**
Sugars	0.5 g	**
Added Sugars	0 g	0%
Protein	20 g	40%
(as 4000 IU Beta Carotene a Palmitate)	nd 1500 IU	
Vitamin C (as Calcium Ascorbate)	500 mg	556%
Vitamin D-3 (800 IU as Cholecalciferol)	20 mcg	100%
Vitamin E	133 mg	887%
(200 IU as Mixed Tocopherol Tocopherol Acetate)	s and d-Alp	oha
Vitamin K (as 50% K-1 and 50% K-2 MK-	70 mcg 7)	58%
Thiamine (as Thiamine Mononitrate)	3 mg	250%
Riboflavin (as Riboflavin 5' Phosphate)	3 mg	231%
	15 mg NE	94%

maltodextrin, xanthan gum, monk fruit extract

Amount Per Serving	% Daily	/ Value*
Vitamin B-6 (as Pyridoxal 5' Phosphate)	10 mg	588%
Folate 333 (200 mcg as L-5-Methylfolate,	mcg DFE glucosamir	83% ne salt)
Vitamin B-12 (as Methylcobalamin)	25 mcg	1042%
Biotin	150 mcg	500%
Pantothenic Acid (as Calcium D-Pantothenate)	20 mg	400%
Calcium (from Calcium Citrate and Ca	200 mg Icium Asco	15% rbate)
Iron (naturally occurring)	3 mg	17%
Phosphorus (naturally occurring)	340 mg	27%
lodine (from Potassium Iodide)	100 mcg	67%
Magnesium (from Magnesium Glycinate)	150 mg	36%
Zinc (from Zinc Glycinate)	10 mg	91%
Selenium (from L-Selenomethionine)	70 mcg	127%
Copper (from Copper Glycinate)	1 mg	111%
Manganese (as Manganese Glycinate)	2 mg	87%
Chromium (from Chromium Niacinate)	70 mcg	200%
Molybdenum (from Molybdenum Glycinate	100 mcg e)	222%

Amount Per Serving	% Daily	Value*
Potassium (from Potassium Citrate and I	200 mg naturally occu	4% urring)
Choline (as Choline Bitartra		9%
Boron (as Boron Citrate)	500 mcg	**
Vanadium (as Vanadyl Sulfate	) 100 mcg	**
Inositol	50 mg	**
Ground Flax Seed	2000 mg	**
Medium Chain Triglycerides	3000 mg	**
Omega-3 Fatty Acids (naturally occurring)	500 mg	**
Inulin	2000 mg	**
Glycine	1500 mg	**
L-Glutamine	1000 mg	**
L-Lysine (as L-Lysine HCI)	250 mg	**
Taurine	250 mg	**
NAC (as N-Acetyl-L-Cysteir	ne) 250 mg	**
L-Methionine	100 mg	**
L-Tyrosine	100 mg	**
MSM (Methylsulfonylmethan	e) 100 mg	**
Silymarin (from Milk Thistle Seed Extr	100 mg act)	**
TMG (Trimethylglycine)	200 mg	**
Calcium D-Glucarate	100 mg	**
Green Tea Leaf Extract	50 mg	**

<sup>\* %</sup> Daily Values are based on a 2,000 calorie diet.

<sup>\*\*</sup> Daily Value not established for this ingredient.