**DIRECTIONS:** Use only as directed by a healthcare professional.

CAUTION: Consult your healthcare professional before taking this product.
Keep tightly closed in a cool, dry place, out of the reach of children.









Quatrefolic is a registered trademark of Gnosis S.p.A. U.S. Patent No. 7.947.662

Manufactured in a GMP Compliant Facility Metabolic Maintenance®

601 N Larch Street, Sisters, Oregon 97759 Contact # 888-242-5327 MethylPro.com







DIETARY SUPPLEMENT

B-Complex + 15 mg L-Methylfolate

**30 CAPSULES** 

## Supplement Facts

Serving Size: 1 capsule

Amount Per Capsule % Daily Value Vitamin C (as Ascorbyl Palmitate) 15 mg Thiamine 25 ma 2083% (as Thiamine Mononitrate) Riboflavin 25 mg 1923% (as Riboflavin 5' Phosphate) Niacin (as Niacinamide) 150 mg NE 938% Vitamin R-6 55 mg 3235% (as Pyridoxine HCl and Pyridoxal 5' Phosphate) Folate 25 mg DFE 6250% (15 mg folate from 27.8 mg L-5-Methylfolate, glucosamine salt) Vitamin B-12 1000 mcg 41667% (as Methylcobalamin)

Choline (as Choline Bitartrate) 50 mg
Inositol 50 mg
PABA (Para Amino Benzolc Add) 50 mg

\* Daily Value not established for this ingredient

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Other ingredients: vegetarian cellulose capsule