CAUTION: Pregnant or lactating women, or individuals taking prescription medications, consult your healthcare professional before taking this product.

Keep tightly closed in a cool, dry place, out of the reach of children











Manufactured in a GMP Compliant Facility Metabolic Maintenance®

601 N Larch Street, Sisters, Oregon 97759 Contact # 888-242-5327







L-Methylfolate

15 mg

+ Cofactors

30 CAPSULES

## **DIRECTIONS:** Use only as directed by a healthcare professional.

| Supplement Facts Serving Size: 1 capsule                         |                    |           |
|--|--------------------|-----------|
| Amount Per Capsule   | % Da               | ily Value |
| Vitamin B-6<br>(as 25 mg Pyridoxal 5' Pl                         | 15 mg<br>nosphate) | 882%      |
| Folate<br>(15 mg folate from 27.8 n<br>L-5-Methylfolate, glucosa |                    | 6250%     |
| Vitamin B-12<br>(as Methylcobalamin)                             | 1000 mcg           | 41667%    |
| Magnesium<br>(as Magnesium Citrate)                              | 125 mg             | 30%       |

Other ingredients: vegetarian cellulose capsule, L-leucine

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