Suggested Use: Adults take 1 capsule daily. May be taken with or without food. Capsules can be opened. Contents can be taken directly with water orjuice. Not intended for children.

MExpiration Date under recommended storage conditions: Best if refrigerated. Store in a dry place at 71°F (22°C) or below.

Represents strains typically found in Eastern European Wild Kefir Culture.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Do not use if safety seal is broken or missing. Contains no carriers, fillers, artificial colors or preservatives.

Made without soy ingredients, peanut, tree nuts or shellfish. Manufactured inafacility that also processes soy, peanut, tree nuts and shellfish.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.





100% Certified Renewable Energy



RECYCLES

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Distributed by Garden of Life LLC 4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA

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PROMOTES REGULAR, HEALTHY





ONCE DAILY 30 VEGETARIAN CAPSULES



### RAW **PROBIOTICS** Colon Care

50 BILLION
GUARANTEED!

### 33 PROBIOTIC STRAINS

AND COMFORTABLE MOVEMENTS'





WHOLE FOOD

SUPPLEMENT

## Supplement Facts

Serving Size 1 Capsule Servings Per Container 30

Amount Per Capsule

50 Billion CFU1

Colon Care Blend

ISS Bif™ Bifidobacterium lactis (SD-5219), Lactobacillus acidophilus (SD-5221), Bifidobacterium lactis (SD-5674), Raw Whole Food Probiotic Blend: Bulgarian Yogurt (milk) Concentrate, ^Eastern European Wild Kefir Culture containing Bifidobacterium lactis, Bifidobacterium longum, Lactobacillus acidophilus, Lactobacillus brevis, Lactobacillus bulgaricus, Lactobacillus casei, Lactobacillus fermentum, Lactobacillus helveticus, Lactobacillus kefiranofaciens, Lactobacillus kefirgranum, Lactobacillus rhamnosus, Lactococcus lactis, Lactococcus cremoris, Streptococcus thermophilus, Lactobacillus kefir, Lactobacillus parakefir, Lactobacillus plantarum, Lactococcus lactis biovar diacetylactis, Leuconostoc lactis, Leuconostoc mesenteroides, Leuconostoc cremoris, Leuconostoc dextranicum, Kluyveromyces marxianus, Brettanomyces anomalus, Debaryomyces

Saccharomyces cerevisiae, Saccharomyces exiguus, Torulaspora delbrueckii Colon Transit Support Enzyme Blend

50 mg

Amylase, Proteases, Lactase, Glucoamylase, alpha-Galactosidase, Lipase, Pectinase, Peptidase, Bromelain, Phytase, Hemicellulase, beta-Glucanase, Papain, Cellulase, Xylanase, Diastase, Invertase

Eastern European Raw Fruit & Veggie Blend

45 mg

Red Bell Pepper (Fruit), Green Pea (Seed), Carrot (Root), Plum (Fruit), Cherry (Fruit), Strawberry (Fruit), Raspberry (Fruit)

hansenii, Saccharomyces unisporus, Saccharomyces turicensis,

+ Daily Value not established

Other ingredients: Vegetable cellulose (capsule), organic brown rice. Contains: Milk