Suggested Use: As a dietary supplement, adults take one (1) capsule, once (1x) daily, or as recommended by a healthcare practitioner.

WARNING: Consult a healthcare practitioner if you are pregnant or nursing, have a serious medical condition, or use any medications.

KEEP OUT OF REACH OF CHILDREN, DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE, COLOR MAY VARY.

WHEAT-FREE

DAIRY-FREE

PEANUT-FREE

SHELLFISH-FREE

1MD1048



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1MD MoveMD - Joint ... More | 30 Capsules



MoveMD

COMPREHENSIVE JOINT SUPPORT

Promotes Joint Mobility & Flexibility

Supports Joint Comfort

Aids Proper Joint Function



30 Capsules | Dietary Supplement

Supplement Facts

Serving Size 1 Capsule Servings Per Container 30

Amo	ount Per Serving	% DV
AprèsFlex® <i>Boswellia serrata</i> Gum Resin Extract	100 mg	t
Zanthin® Natural Astaxanthin Algae (Haematococcus pluvialis)	e Extract 2 mg	t
Types I, V, and X Eggshell Membrane	Collagen 100 mg	t
Type II Chicken Sternum Collagen	280 mg	†
Hyaluronic Acid	25 mg	ţ
† Daily Value (DV) not established		

Other ingredients: Vegetable Cellulose Capsule, Vegetable Oil Powder, Silica.

Contains Eggs.

Manufactured for 1MD Nutrition™ Irvine, CA 92618 Manufactured in the USA from globally-sourced ingredients.

Zanthin Zanthin® is a registered trademark of Valensa International.

AprèsFlex AprèsFlex® is a registered trademark of PLT Health Solutions-Lalla Nutraceuticals LLC.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.