

Suggested Use: As a dietary supplement, adults take two (2) capsules once (1x) daily, with food, or as recommended by a healthcare professional.

WARNING: Do not use if you are pregnant, attempting to become pregnant, or nursing. Consult a healthcare professional before using this or any other dietary supplement, especially if you have or suspect you may have any medical condition, or if you are taking anticoagulants, blood thinners, or any other dietary supplement, prescription, or over-the-counter medications, as combining these products may cause side effects. Discontinue use and immediately call a healthcare professional if you experience any adverse reactions. Do not exceed recommended serving.

READ ENTIRE LABEL PRIOR TO USE. KEEP OUT OF REACH OF INDIVIDUALS UNDER THE AGE OF 18. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

NON-GMO

SHELLFISH-FREE

DAIRY-FREE

PEANUT-FREE

WHEAT-FREE

1MD1043



BreatheMD™

LUNG & RESPIRATORY SUPPORT*

- ✓ Scientifically-Formulated Lung Support*
- ✓ Promotes a Healthy Respiratory System*
- ✓ Potent Immune System Support*



60 Capsules | Dietary Supplement

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin C (as Ascorbic Acid and Zinc Ascorbate)	120 mg	133%
Vitamin D3 (as Cholecalciferol)	100 mcg (4000 IU)	500%
Vitamin E (as Vitamin E Acetate)	40 mg (90 IU)	267%
Zinc (as Zinc Citrate and Zinc Ascorbate)	20 mg	182%
Chromium (as Chromium Picolinate)	400 mcg	1143%
Pelargonium sidoides Tuber 10:1 Extract	80 mg	†
Elderberry Fruit 10:1 Extract (Sambucus nigra)	100 mg	†
Marshmallow Root Extract	100 mg	†
L-Cysteine (as L-Cysteine HCl)	600 mg	†

† Daily Value (DV) not established

Other ingredients: Cellulose (Capsule and Powder), Vegetable Oil Powder, Silica

Manufactured for 1MD™ Irvine, CA 92618
Manufactured in the USA from globally sourced ingredients.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.