

Stock No. 3012 | NVC# 54629-301230

DOUBLE SAFETY SEALED FOR YOUR PROTECTION. DO NOT USE IF EITHER SEAL IS BROKEN OR MISSING.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or a poison control center immediately.

**WARNING:** Consuming this product can expose you to lead, which is known to the state of California to cause birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).

Manufactured by: National Vitamin Company  
Casa Grande, AZ 85122

Questions/Comments Call 1-800-682-9862

Made in USA & American Owned



[www.nationalvitamin.com](http://www.nationalvitamin.com)



DIETARY SUPPLEMENT

# VITAMINS FOR HAIR

30  
CAPSULES

Actual  
Size

## Supplement Facts

Serving Size 1 Capsule

Servings Per Container 30

Each Capsule Contains	% Daily Value	Each Capsule Contains	% Daily Value
Niacin	35 mg 219%	Zinc (from Zinc Sulfate)	15 mg 136%
Folate (from 400 mcg Folic Acid)	667 mcg DFE 167%	Copper (from Copper Gluconate)	2 mg 222%
Vitamin B-12 (as Cyanocobalamin)	6 mcg 250%	Manganese (from Manganese Gluconate)	5 mg 217%
Biotin	400 mcg 1333%	Choline Bitartrate	125 mg 5%
Pantothenic Acid (as Calcium Pantothenate)	50 mg 1000%	Inositol	125 mg *
Iron (from Ferrous Fumarate)	18 mg 100%	PABA (Para-Aminobenzoic Acid)	30 mg *
Iodine (from Kelp)	150 mcg 100%		

\*Daily Value not established.

**Other Ingredients:** Gelatin, Silica, Magnesium Stearate, Stearic Acid.

**Directions:** As a dietary supplement, take one capsule daily, preferably with a meal or as directed by your healthcare professional.

**PRESERVATIVE & GLUTEN FREE. NO SUGAR, STARCH, ARTIFICIAL FLAVORS, WHEAT, YEAST OR CORN ADDED.**

**STORE IN A COOL, DRY PLACE. KEEP OUT OF THE REACH OF CHILDREN.**

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LOT EXP.  
NO. DATE