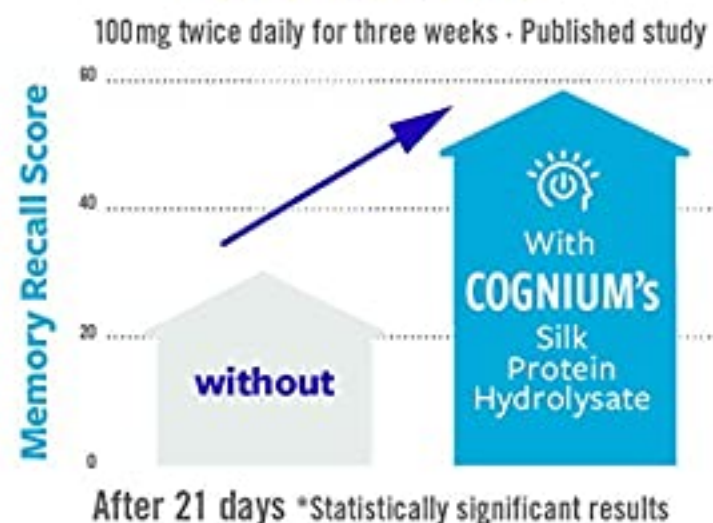


Cognium® Complete Keeps You Mentally Sharp†

Clinical Results

Improved Memory and Performance



Memory Recall Efficiency score increased when 100 mg of the active ingredient in Cognium, was taken twice per day for three weeks by healthy adults. Detailed results can be found at: www.CogniumMind.com

www.CogniumMind.com **NATROL**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

All-in-one Brain Health†

Powered by: Vitamin B6, B12, Folic Acid, DHA / Omega-3, Phosphatidylserine, and Silk Protein Hydrolysate



MONEY-BACK GUARANTEE

100% satisfaction guaranteed or your money back.

Visit www.CogniumMind.com for details.

COGNIUM® COMPLETE IS

- 100% Drug-free
- Non-GMO

NATROL

**BRAIN
HEALTH**

NEW

COGNIUM® COMPLETE

Boost Brain Health Function†

- Improves Memory & Recall†
- Enhances Clarity†
- Stay Mentally Sharp†

#1 MOST CLINICALLY STUDIED INGREDIENT FOR MEMORY[^]

[^] Among leading brain health supplements

**60 CAPSULES
DIETARY SUPPLEMENT**

Directions: Take 1 capsule in the morning and 1 capsule in the afternoon with a meal.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving		% DV
Vitamin A (as Retinyl Acetate)	450 mcg RAE	50%
Vitamin D (as Cholecalciferol)	10 mcg	50%
Vitamin E (as d-alpha Tocopheryl Succinate)	7.5 mg	50%
Vitamin B1 (as Thiamine HCL)	0.6 mg	50%
Vitamin B2 (as Riboflavin)	0.65 mg	50%
Vitamin B3 (as Niacinamide)	8 mg	50%
Vitamin B6 (as Pyridoxine HCL)	0.85 mg	50%
Folate	200 mcg DFE (118 mcg Folic Acid)	50%
Vitamin B12 (as Cyanocobalamin)	1.2 mcg	50%
Zinc (as Zinc Oxide)	5.5 mg	50%
Selenium (Selenium yeast)	27.5 mcg	50%
Chromium (as Amino Acid Chelate)	17.5 mcg	50%
Silk Protein Hydrolysate (65%)	100 mg	*
Phosphatidylserine	50 mg	*
Fish Oil Concentrate (contains EPA, DHA and other Omega-3 fatty acids)	38 mg	*
Green Coffee Bean Extract (Coffea robusta and arabica)	57 mg	*
Ginkgo Biloba Extract (leaf) (Standardized Extracts)	25 mg	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose, Microcrystalline Cellulose, Maltodextrin, Magnesium Stearate, Gelatin (bovine), Silicon Dioxide, Carrageenan, Dicalcium Phosphate, Ethylcellulose, Rice Flour, Starch.

Contains: Soy and Fish

NO: Milk, Egg, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Artificial Flavors or Synthetic dyes.

This product contains 40mg of naturally occurring caffeine per serving.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

WARNING: Consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.

Manufactured by NATROL LLC
Chatsworth, CA 91311 • USA 1-800-2-NATROL
(800-262-8765) www.natrol.com



ACTUAL SIZE