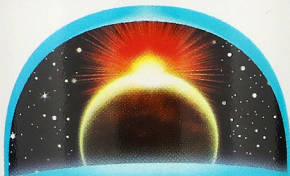


SOURCE NATURALS®



DIETARY SUPPLEMENT

FREE-FORM

L-METHIONINE

NET WT. 3.53 OZ. (100 GRAMS)

POWDER

Supplement Facts

Serving Size 1/2 Teaspoon (approx. 1.5 g)

Servings Per Container 66

Amount Per Serving		%DV
Calories	5	
L-Methionine	1.5 g	†
†Daily Value not established.		

L-Methionine is an essential sulfur-containing, free-form amino acid. It contributes to the synthesis of S-adenosyl-L-methionine (SAME), which is necessary for normal brain function, and L-cysteine, which is a component of glutathione, an important antioxidant molecule in the body. L-Methionine is also a transporter of the antioxidant mineral, selenium.*

Suggested Use: 1/4 to 1/2 teaspoon daily between meals. If you experience stomach irritation, take with meals.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN0145 REV E201

FG-104779 BEST IF USED BY 3 21

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