

**Directions:** Take 1 tablet, up to two times daily, with food. Do not exceed recommended dose.

## Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 30

Amount Per Serving		%DV
Vitamin B6 (as Pyridoxine HCl)	1.7 mg	100%
Vitamin B12 (as Cyanocobalamin)	2.4 mcg	100%
Calcium (from Dibasic Calcium Phosphate)	31 mg	2%
Magnesium (from Magnesium Oxide)	5mg	<2%
5-HTP (5-Hydroxytryptophan) [from <i>Griffonia simplicifolia</i> (seed)]	100 mg	*
Inositol	500 mcg	*

\*Daily Value (DV) not established

**Other Ingredients:** Methylcellulose, Microcrystalline Cellulose, Hypromellose, Stearic Acid, Silicon Dioxide, Magnesium Stearate, Glycerin, Acacia Gum.

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives.

**WARNING:** Consult your healthcare professional prior to use if you have or suspect a medical condition or are taking prescription drugs including drugs for depression, migraines, Parkinson's disease or psychiatric disorders. Do not use with other supplements containing L-tryptophan or 5-HTP. Do not use if you are pregnant, lactating or under the age of 18 years.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

Manufactured by NATROL LLC  
Chatsworth, CA 91311, USA  
1-800-2-NATROL (800-262-8765)  
www.natrol.com

## Natrol® Daily Stress Relief

supports healthy serotonin levels for a calm and relaxed mood throughout the day.†

- Drug free
- Non-habit forming
- Time release formula
- Vegetarian
- No artificial flavors, colors or preservatives

**TODAY IS A  
GOOD DAY  
TO HAVE A  
GOOD DAY.**



NEW!

NATROL®

# Daily Stress Relief

## MOOD SUPPORT

Promotes a Calm & Relaxed  
Mood Throughout the Day†

100% Drug Free

Non-Habit Forming

TIME  
RELEASE



VEGETARIAN

30 TABLETS

DIETARY SUPPLEMENT

## Natrol® Daily Stress Relief

is a natural and drug-free way to help restore a sense of calm and balance. It is scientifically formulated with a blend of nutrients that help regulate and support serotonin, a chemical in the body responsible for enhancing mood.† The calming formula releases over time, helping you to have a more positive and balanced outlook throughout the day.†

**Natrol Daily Stress Relief is**

- Drug free
- Non-habit forming

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.