

## Natrol® Melatonin 5mg Fast Dissolve:

- Helps establish normal sleep patterns†
- Fast Dissolve form—take anytime, anywhere; no water needed
- 100% Drug-free and non-habit forming

Melatonin is a solution for occasional sleeplessness.†

**WARNING:** If you are taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder, consult a physician before using this product. Do not take while operating machinery or driving a vehicle. Not for use by children under 12 years of age. Consult a physician before use in children.

**STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7605 F: 3002888 L: 2009627-19123



# NATROL®

# Melatonin

**FAST DISSOLVE**

**SLEEP**

Fall Asleep Faster,  
Stay Asleep Longer†

100% Drug-Free

**5mg**

**EXTRA STRENGTH**

**VEGETARIAN**

**VALUE SIZE**

**200 TABLETS**

DIETARY SUPPLEMENT

**Directions:** Take 1 tablet 30 minutes before bedtime. Dissolve in mouth or chew before swallowing. No water necessary.

## Supplement Facts

**Serving Size:** 1 Tablet  
**Servings Per Container:** 200

| Amount Per Serving | %DV    |
|--------------------|--------|
| Melatonin          | 5 mg * |

\*Daily Value (DV) not established.

**Other Ingredients:** Xylitol, Cellulose Gum, Soy Polysaccharides, Maltodextrin, Dextrose, Crospovidone, Modified Food Starch, Silicon Dioxide, Malic Acid, Natural Flavor, Stearic Acid, Beet Root Extract, Magnesium Stearate, Citric Acid.

**Contains:** Wheat and Soy

**NO:** Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors, Flavors or Preservatives

Manufactured by NATROL LLC  
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LOT/EXP: