

Stock No. 1325 | NVC# 54629-013205

STORE IN A COOL, DRY PLACE.  
KEEP OUT OF THE REACH  
OF CHILDREN.

DOUBLE SAFETY SEALED FOR YOUR  
PROTECTION. DO NOT USE IF EITHER  
SEAL IS BROKEN OR MISSING.

PRESERVATIVE & GLUTEN FREE. NO  
STARCH, SALT, ARTIFICIAL COLORS,  
ARTIFICIAL FLAVORS, WHEAT,  
YEAST, OR CORN ADDED.

This product is manufactured under strict  
quality control guidelines; therefore,  
purity and label potency are guaranteed.

Manufactured by: National Vitamin Company  
Casa Grande, AZ 85122

Questions/Comments Call 1-800-682-9862  
Made in USA & American Owned



[www.nationalvitamin.com](http://www.nationalvitamin.com)



DIETARY SUPPLEMENT

VITAMIN

**B-100**

TIMED RELEASE

50  
TABLETS

Actual  
Size

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 50

Each Tablet Contains	% Daily Value
Thiamin (Vitamin B-1 as Thiamine Mononitrate) .....	100 mg ..... 8,333%
Riboflavin (Vitamin B-2).....	100 mg ..... 7,692%
Niacin (as Niacinamide).....	100 mg ..... 625%
Vitamin B-6 (as Pyridoxine HCl) .....	100 mg ..... 5,882%
Folate.....	667 mcg DFE ..... 167%
(from 400 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalmin).....	100 mcg ..... 4,167%
Biotin.....	100 mcg ..... 333%
Pantothenic Acid (as Calcium Pantothenate).....	100 mg ..... 2,000%
Choline Bitartrate.....	40 mg ..... 7%
Inositol .....	40 mg ..... *
PABA (Para-Aminobenzolic Acid) .....	30 mg ..... *

\*Daily Value not established.

Other Ingredients: Calcium Carbonate, Stearic Acid, Modified Cellulose, Calcium Phosphate, Magnesium Stearate, Silicon Dioxide, Triacetin, Natural Vanilla Flavor, Polydextrose, Carnauba Wax.

Directions: As a dietary supplement, take one tablet daily, preferably with a meal or as directed by your healthcare professional.

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LOT EXP.  
NO. DATE