

Suggested Usage: Take 2 capsules daily, with food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Pregnant or lactating women, the chronically ill, elderly, individuals under the age of 18, those taking prescription medications as well as those with a physician-diagnosed medical condition should consult with a physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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LREV1220mb240 cgn1902



CALIFORNIA **GOLD** NUTRITION®

Magnesium Bisglycinate TRAACS®

200 mg

Supports Bone, Heart, Nerve & Muscle Health*

Formulated to Contain



240 Veggie Capsules Dietary Supplement



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 120

	Amount Per Serving	% Daily Value
Magnesium (as Magnesium Bisglycinate Chelate)	200 mg	48%

Other Ingredients: Modified Cellulose (Veggie Capsule), Microcrystalline Cellulose, Magnesium Stearate, and Silicon Dioxide (Silica).

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

Formulated with TRAACS®. TRAACS® is a registered trademark of Albion Laboratories, Inc., Utah.

All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.