



Sleep Better Tonight Rest Assured[†]

Melatonin is naturally produced in the body to help guide our 'sleep-wake' cycle.

Factors like stress, diet, age and screen time before bed can interrupt melatonin production and disrupt your sleep. Natrol Melatonin can help.[†]

#1 Melatonin Brand[^]

[^] Nielsen xAOC, 52 weeks ending 10/3/19

NATROL[®]

Melatonin 5mg

SLEEP

- 🌱 Fall Asleep Faster[†]
- 🌱 Stay Asleep Longer[†]
- 🌱 100% Drug-Free

90 GUMMIES | Strawberry
DIETARY SUPPLEMENT



DIRECTIONS: Take 1 gummy 20-30 minutes before bedtime.

Supplement Facts

Serving Size: 1 Gummy
Servings Per Container: 90

Amount Per Serving	%DV
Calories	10
Total Carbohydrate	2 g 1%*
Total Sugars	1 g **
Includes 1g Added Sugars	2%*
Melatonin	5 mg **

* Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value (DV) not established.

OTHER INGREDIENTS: Organic Tapioca Syrup, Organic Cane Sugar, Pectin, Natural Flavor, Citric Acid, Elderberry Juice (color), Sodium Citrate, Coconut Oil, Carnauba Wax.

Manufactured for NATROL LLC,
Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Flavors, Preservatives, or Synthetic Dyes.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder, consult a physician before using this product. Do not take while operating machinery or driving a vehicle. Not for use by children under 12 years of age. Consult a physician before use in children.

Your Sweetest Sleep Yet

Natrol[®] Melatonin gummies help you get better sleep so you wake up rested.[†] And they taste great too!

- 🌱 Non-GMO
- 🌱 Vegetarian & Gelatin Free
- 🌱 No Artificial Flavors, Sweeteners or Preservatives

Melatonin is a solution for occasional sleeplessness.[†]