

**DIRECTIONS:** As a dietary supplement, for optimal health benefits take contents of one packet daily with food.

Each pack contains:

Timed-Release Mega Men® Diabetic Support

## Supplement Facts

Serving Size Two Beige Caplets

Amount Per Serving	% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Acetate)	5000 IU 100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg 500%
Vitamin D (as Cholecalciferol D-3)	1600 IU 400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU 100%
Vitamin K (as Phytonadione)	80 mcg 100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg 3333%
Riboflavin (Vitamin B-2)	50 mg 2941%
Niacin (as Niacinamide & Niacin)	50 mg 250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg 2500%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%
Biotin	300 mcg 100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg 500%
Calcium (as Calcium Carbonate & Calcium Ascorbate)	200 mg 20%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Oxide)	100 mg 25%
Zinc (as Zinc Oxide)	25 mg 167%
Selenium (as L-Selenomethionine)	200 mcg 286%
Copper (as Cupric Oxide)	2 mg 100%
Manganese (as Manganese Sulfate)	2 mg 100%
Chromium (as Hydrolyzed Protein Chelate)	200 mcg 167%
Molybdenum (as Sodium Molybdate)	75 mcg 100%
Inositol	10 mg *
Silica	4 mg *
Boron (as Hydrolyzed Protein Chelate)	2 mg *
<b>Blood Glucose Support</b>	
alpha-Lipoic Acid	25 mg *
Cinnamon Bark Powder (Cinnamomum cassia)	25 mg *
Bitter Melon Powder (Momordica charantia)	50 mg *
Fenugreek Seed Powder (Trigonella foenum-graecum)	50 mg *
Gymnema sylvestre Extract	25 mg *
Vanadium (as Sodium Metavanadate)	10 mcg *

Amount Per Serving	% Daily Value
<b>Circulatory and Cardio Health Blend</b>	
Ginkgo biloba Leaf Powder	10 mg *
L-Arginine	25 mg *
Choline (as Choline Bitartrate)	10 mg *
<b>Eye Health Support</b>	
Lutein	3 mg *
Zeaxanthin (as Zeaxanthin Isomers)	600 mcg *
Hyaluronic Acid (as Sodium Hyaluronate)	2 mg *
<b>Antioxidant Rejuvenation Blend</b>	
Astaxanthin	50 mcg *
Lycopene	950 mcg *
<b>Muscle Support Blend</b>	
L-Glutamine	80 mg *
L-Carnitine	10 mg *
L-Leucine	10 mg *

\* Daily Value not established.

Other Ingredients: Cellulose, Titanium Dioxide, Vegetable Acetoglycerides, Caramel Color, Ethyl Vanillin.

CONTAINS: Fish and Soybeans.

### Blood Glucose Support

## Supplement Facts

Serving Size Two Brown Filled Capsules

Amount Per Serving	% Daily Value
Chromium (as Hydrolyzed Protein Chelate)	400 mcg 333%
Cinnamon Bark Powder (Cinnamomum cassia)	500 mg *
Bitter Melon Powder (Momordica charantia)	100 mg *
Fenugreek Seed Powder (Trigonella foenum-graecum)	100 mg *
Turmeric Root/Rhizome Extract (Curcuma longa)	50 mg *

\* Daily Value not established.

Other Ingredients: Gelatin, Cellulose.

### Concentrated Mini Fish Oil

## Supplement Facts

Serving Size One Yellow Softgel Capsule

Amount Per Serving	% Daily Value
Calories	10
Calories from Fat	10
Total Fat	<1 g <2%†
EPA (Eicosapentaenoic Acid)(Omega-3)	357 mg *
DHA (Docosahexaenoic Acid)(Omega-3)	144 mg *

† Percent Daily Values are based on a 2,000 calorie diet.  
\* Daily Value not established.

Other Ingredients: Fish Body Oil, Gelatin, Glycerin, Enteric Coating (Cellulose, Sodium Alginate, Medium Chain Triglycerides, Oleic & Stearic Acid).

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Colors, No Wheat, No Gluten, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.



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Lutemax 2020™ is a trademark of OmniActive Health Technologies.

### Circulation & Metabolism Support

## Supplement Facts

Serving Size One White Capsule

Amount Per Serving	% Daily Value
alpha-Lipoic Acid	150 mg*
L-Carnitine	100 mg*
resVida® trans-Resveratrol	30 mg*

\* Daily Value not established.

Other Ingredients: Cellulose, Gelatin, Corn Starch, Titanium Dioxide (Natural Mineral Whitener).

To ensure a complete nutritional program, take daily with these GNC products:

- Coenzyme Q-10 100
- Turmeric
- SuperFoods Whole Foods Blend
- TriFlex™

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For more than 77 years, GNC has been the leader in the development of superior nutritional supplements. Our products are produced using only fresh, high-quality ingredients and are manufactured under the strictest quality controls.

### GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

# GNC

# MEGA MEN®

# Diabetic Support

Dietary Supplement

## VITAPAK® PROGRAM & NUTRITION PLAN

- Multivitamin enhanced with key ingredients to support normal blood sugar utilization\*
- Premium ingredients that support glucose metabolism, circulatory health & optimal eye health\*
- Supports heart health & a healthy anti-inflammatory response with resveratrol & triple strength fish oil\*



30 PACKS



PHYSICIAN  
ENDORSED

NEW



Dr. Frank J. Costa, M.D.

GNC Mega Men® Diabetic Support Vitapak® Program is physician endorsed by Frank J. Costa, M.D., an internationally acclaimed urological surgeon, men's health expert, and member of the GNC Medical Advisory Board.

"Men who are monitoring their blood sugar levels need extra nutritional support. I highly recommend the Mega Men® Diabetic Support Vitapak® Program for men who are looking for a premium product that can help them with their daily blood sugar management goals. It offers an advanced multivitamin formula plus a nutrition and lifestyle plan that promotes overall health and wellness, as well as key blends of powerful ingredients that support the special health concerns related to diabetes." — Frank J. Costa, M.D.

### Why Should I Use Mega Men® Diabetic Support Vitapak® Program?

Mega Men® Diabetic Support Vitapak® Program is scientifically designed for the special dietary needs of people with diabetes and is formulated to provide optimal health benefits when taken as directed every day. Use Mega Men® Diabetic Support Vitapak® Program in conjunction with a nutritionally balanced diet suitable for persons with diabetes to help maintain healthy blood sugar levels and improve circulation and eye health.\*

### How Can Mega Men® Diabetic Support Vitapak® Program Benefit Me?

Mega Men® Diabetic Support Vitapak® Program is specially formulated with ingredients that are important for helping men maintain overall health and wellness.\* It also contains nutrients that address the primary health concerns of people with diabetes: blood glucose support, eye health and circulatory health.\*

### How Does Mega Men® Diabetic Support Vitapak® Program Work?

Mega Men® Diabetic Support Vitapak® Program includes the following components to help you achieve your daily nutritional goals:

- **Mega Men® Diabetic Support** – This powerful multivitamin not only supports overall health and wellness, but also includes premium blends of herbs, antioxidants and other premium nutrients that support the health concerns of men who are monitoring blood sugar levels.\*
- **Blood Glucose Support** – Formulated with key ingredients such as chromium, which is involved in normal glucose utilization and maintaining glucose homeostasis, as well as turmeric, a powerful antioxidant. Includes cinnamon, bitter melon and fenugreek for added support.\*
- **Circulation & Metabolism Support** – Provides premium resVida® Resveratrol, clinically shown to significantly enhance blood vessel dilation. Also delivers L-carnitine, which facilitates the metabolism of long chain fatty acids, and alpha-lipoic acid, which plays an important role in cellular energy metabolism.\*
- **Concentrated Mini Fish Oil** – A high-potency dose of 5 times purified fish oil providing 501 mg of omega-3 fatty acids DHA and EPA. Fish oil supports the body's natural anti-inflammatory response and is necessary for optimal eye function, circulatory health and cardiovascular health.\*

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.