

SOURCE NATURALS®

DIETARY SUPPLEMENT

HI-STRESS B&C™

WITH HERBS

120 TABLETS

Supplement Facts

Serving Size 4 Tablets
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	2 g	1%*
Dietary Fiber	2 g	7%*
Vitamin C (as ascorbic acid)	600 mg	667%
Vitamin D-3 (as cholecalciferol)	(68 IU) 1.7 mcg	9%
Thiamin (vitamin B-1)	66 mg	5,500%
Riboflavin (vitamin B-2)	40 mg	3,076%
Niacin (as niacinamide 131 mg & niacin 33 mg)	164 mg	1,025%
Vitamin B-6 (as pyridoxine HCl)	53 mg	3,118%
Folate (as folic acid)	918 mcg (540 mcg folic acid)	230%
Vitamin B-12 (as cyanocobalamin)	132 mcg	5,500%
Biotin	133 mcg	443%
Pantothenic Acid (as calcium D-pantothenate)	316 mg	6,337%
Choline (as bitartrate)	69 mg	12%
Calcium (as calcium carbonate, calcium D-pantothenate & naturally occurring)	246 mg	19%
Magnesium (as magnesium oxide & amino acid complex)	322 mg	77%
Sodium	20 mg	1%
Potassium (as potassium citrate)	34 mg	1%
Valerian Root	400 mg	†
Jujube Seed	350 mg	†
Catnip Aerial Parts	333 mg	†
Skullcap Aerial Parts	315 mg	†
GABA (gamma-aminobutyric acid)	250 mg	†

Hops Strobile	233 mg	†
Chamomile Flower	200 mg	†
Passionflower Aerial Parts Extract	200 mg	†
Spirulina	200 mg	†
Inositol	133 mg	†
Ginger Root	100 mg	†
Licorice Root	66 mg	†
L-Tyrosine	66 mg	†
PABA (para-aminobenzoic acid)	53 mg	†
Taurine	50 mg	†
Lecithin	20 mg	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: microcrystalline cellulose, acacia gum, modified cellulose gum, stearic acid, silica, and magnesium stearate.

Contains soy.

Periods of heightened stress may deplete the body's nutrient stores. This depletion may impede the system's ability to cope and perform effectively. **HI-STRESS B&C™** helps restore nutrient levels during times of stress, bringing the body back to balance.*

Suggested Use: 2 to 4 tablets as needed in response to environmental stress.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

California Consumers: ⚠️**WARNING:** Reproductive Harm – www.P65Warnings.ca.gov/food

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FG-104994 BEST IF USED BY 3 22

SN0524 REV H202-G

Manufactured for:
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