

Perfect Food® Super Green Formula has more greens per serving than other green food supplement formulas. Made with vegetable, sprout and organic cereal grass juice ingredients, **Perfect Food®** is great for those who are unable to eat enough green foods.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Keep out of reach of children.

Store in a cool, dry place. Do not use if safety seal is broken or missing. Contains no apple fiber, rice flour, artificial colors or preservatives. This product is made with natural ingredients, therefore color may vary from lot to lot.

Distributed by Garden of Life LLC
4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA
Made in the U.S.A. www.gardenoflife.com

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We Buy 100% Certified Renewable Energy



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Perfect Food®

Super Green Formula

45 Phytonutrient-Dense Superfoods

12 Sprouted Ingredients

Fermented Whole Food Ingredients

10 Probiotic Strains

Vegetarian

300 Vegetarian Caplets

Whole Food Dietary Supplement

Suggested Use: Adults take 5 caplets 1 (or more) times per day with 8 ounces of water. Start with 1-2 caplets daily and gradually work up to 5 caplets per day. May be taken with or without food. Not intended for children.

Supplement Facts

Serving Size 5 Caplets
Servings Per Container 60

Amount Per Serving	% Daily Value
Calories 20	
Total Carbohydrate 3 g	1%*
Dietary Fiber 1 g	6%*
Protein 1 g	2%*
Vitamin A (as beta-carotene) 2,500 IU	50%
Vitamin C 60 mg	100%
Calcium 60 mg	6%
Iron 3 mg	17%

Poten-Zyme® Whole Food Matrix	2.25 g	+
Barley Grass*, Oat Grass*, Buckwheat Sprout*, Amaranth Sprout, Quinoa Sprout, Millet Sprout, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Flax Seed Sprout*, Sunflower Seed Sprout, Pumpkin Seed Sprout*, Chia Seed Sprout, Sesame Seed Sprout*		
Perfect Green Juice Blend	2 g	+
Barley Grass Juice*, Alfalfa Grass Juice*, Wheat Grass Juice*, Oat Grass Juice*		
Perfect Protein-Mineral Blend	670 mg	+
Spirulina, Chlorella, Calcified Red Algae, Kelp		
Acerola Cherry Extract (Fruit)	350 mg	+
Perfect Veggie Juice Blend	250 mg	+
Alfalfa* (Sprout), Beet* (Root), Carrot* (Root), Broccoli* (Flower & Stem), Tomato* (Fruit), Cucumber* (Gourd), Kale* (Leaf), Spinach* (Leaf), Parsley* (Leaf), Green Cabbage* (Leaf), Celery (Stalk), Cauliflower (Flower & Stem), Green Bell Pepper* (Fruit), Asparagus (Flower & Stem), Brussels Sprout* (Leaf), Onion* (Bulb), Garlic* (Bulb), Ginger* (Root)		

Probiotic Blend	7 mg	+
Lactobacillus plantarum, Bifidobacterium longum, Bifidobacterium lactis, Bifidobacterium bifidum, Lactobacillus rhamnosus, Bifidobacterium breve, Lactobacillus paracasei, Lactobacillus casei, Lactobacillus salivarius, Lactobacillus acidophilus		

*Percent Daily Values are based on a 2,000 calorie diet.
+Daily Value not established.

Other ingredients: Cellulose, silica, vegetable coating, magnesium stearate (vegetable source).
Probiotics are cultured in dairy which is generally consumed during the fermentation process.
* Organic