

GET DYNAMIC ABOUT YOUR TRANSFORMATION

BodyDynamix® is the weight loss innovation house featuring exclusive blends by the experts at GNC.

We find the fantastic in Mother Nature, optimize clinically studied ingredients and always listen to what the newest science has to say. Season after season, we obsess over helping you get dynamic about your weight loss goals.

Discover more proven weight management solutions at bodydynamix.gnc.com.

TRANSFORM DYNAMICALLY bodydynamix.gnc.com

ADVANCED METABOLISM & SLEEP SUPPORT FORMULA*

BodyDynamix® SLIM PM™ helps you relax, recharge and fuel metabolism.* Use in conjunction with the BodyDynamix® meal and exercise plans. Designed by our scientists, this non-stimulant, nighttime formula features cutting-edge ingredients targeting metabolism and enhanced sleep support.*

INGREDIENT INNOVATION FOR YOUR NIGHTSTAND

Curated by the nutrition experts at GNC, SLIM PM™ offers science-backed support to help you:

RELAX: 100 mg of Lemon Balm and 200 mg of clinically studied Suntheanine® provide everyday stress and relaxation support*

RECHARGE: 3 mg of Melatonin for a more restful night's sleep*

FUEL METABOLISM: 200 mg of L-Carnitine to fuel fat metabolism and 500 mg of AfperFIT™, a clinically studied grains of paradise extract* designed to support metabolism.*

FORMULA TRANSPARENCY

- Gluten Free
- Vegetarian
- No Milk
- No Artificial Colors
- No Artificial Flavors
- No Proprietary Blends

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

BODYDYNAMIX®

SLIM PM™

METABOLISM SUPPORT*

STIMULANT FREE

Metabolism support and sleep aid* with melatonin and clinically studied AfperFIT™ and Suntheanine®

60 CAPSULES
30-DAY SUPPLY

NIGHTTIME FORMULA
RELAXATION, SLEEP
& METABOLISM*
DIETARY SUPPLEMENT

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NEW

CODE 504321

FWG

DIRECTIONS: As a dietary supplement, take one serving 30-60 minutes prior to bedtime.

Supplement Facts

Serving Size Two Capsules
Servings Per Container 30

Amount Per Serving

Grains of Paradise (<i>Aframomum melegueta</i>) Seed Extract	500 mg*
L-Carnitine (as L-Carnitine L-Tartrate)	200 mg*
Apple Cider Vinegar Powder	100 mg*
L-Theanine	200 mg*
Lemon Balm (<i>Melissa officinalis</i>) Leaf Extract	100 mg*
Melatonin	3 mg*

* Daily Value not established.

OTHER INGREDIENTS: Maltodextrin, Hydroxypropyl Methylcellulose (Capsule Shell), Microcrystalline Cellulose, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide.

Distributed by:
GNC Holdings, LLC
Pittsburgh, PA 15222 USA

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle or while operating machinery. Discontinue use two weeks prior to surgery. Vegetarian.

No Artificial Colors, No Artificial Flavors, Gluten Free, No Milk.

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

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Suntheanine® is a registered trademark of Taiyo International Inc.



GLUTEN FREE