

Serving Size 1 Level Scoop (12.3g) Servings Per Container 30

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Amount Per Serving	%DV	Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	16	Joint Construction Complex	3000mg	Turmeric Root (curcumin)	**
Protein	4g 8%	Glucosamine (as HCl, sulfate 2XCl)	**	Boswellia Serrata Extract (gum) (boswellic acid)	**
Vitamin C (as ascorbic acid)	100mg 111%	Methylsulfonylmethane (MSM)	**	Quercetin	**
Vitamin E (as d-alpha tocopherol succinate)	64mg 427%	Chondroitin Sulfate A (CSA)	**	Bromelain	**
Zinc (as zinc oxide)	15mg 136%	Chondroitin Sulfate C (CSC)	**	Cetyl Myristoleate Proprietary Blend	
Selenium (as sodium selenite)	70mcg 127%	Joint Lubrication and Support Complex	6000mg	(cetyl myristoleate**, cetyl myristate**, cetyl palmitate**, cetyl laurate**, cetyl palmitoleate**, cetyl oleate**)	
Manganese (as manganese sulfate)	1mg 43%	Collagen Hydrolysate	**	Hyaluronic Acid	
		Ginger Root (gingerols, shogaols)	**		

* Percent Daily Values are based on a 2,000 calorie diet.

**** Daily Value (DV) not established**

OTHER INGREDIENTS: Citric acid, natural flavor, artificial cherry berry flavor, malic acid, silicon dioxide, FD&C Red #40, xanthine, acetaldehyde potassium, dicalcium phosphate. Contains: Soy, Shellfish (crab/shrimp shell), Sulfites. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

DOSEAGE: Unlike regular joint supplements, you only have to take a single daily dose of Animal Flex. Easy. Potent. Effective. Just take a serving of Animal Flex along with 10 oz. of your beverage of choice, with any meal during the day and you're set—doesn't matter which meal it is. That's it. As a "core" or foundational supplement, use Animal Flex daily—on both training and non-training days. No need to "cycle" it.

INGREDIENT NOTES: Cetyl Myristoleate is patented by EHP Products (U.S. Patent #5,560,676).

PRODUCT NOTES: If you're smart, don't just use Animal Flex when you got a problem. You can and should use it help prevent problems from arising in the first place. Think of Animal Flex as nutritional "insurance", like Animal Pak.

WARNING: Exercise good judgment and keep this out of reach of children. To keep it as fresh as possible, store this product in a cool, dry place, away from heat, moisture and sunlight. You know the drill. California Residents: **WARNING:** Reproductive Harm - www.P65Warnings.ca.gov.

OUR IRONCLAD GUARANTEE: Animal is dedicated to being the best in the business, no two ways about it. If this product doesn't meet with your tough requirements for any reason, let us know. When it comes to standing behind our products, we don't mess around. That's the truth.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



EAC



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FLAVOR **Net Wt. 13oz (369g)** **The Complete Joint Support Stack** Joint Construction | Joint Lubrication | Joint Support | Hyaluronic Acid

A2970-G-3854

**ROCK
SOLID**
ANIMAL TRAINING POWDER
**CHERRY BERRY
FLAVOR**

FLEX

WHO WE ARE In 1983, Animal was founded with the birth of Animal Pak, the venerable "pack" that started it all. Born from the needs and desires of pro bodybuilders, Animal has grown prodigiously over the decades. Today, Animal has stood the test of time and been proven in the trenches day in and day out. The same stands for your integrity and a no nonsense approach to the game. **WHAT ANIMAL FLEX® IS** Much solid. No, we ain't talking about the thick slabs of meat that hang from your frame—those are easy to see, simple to access. We're talking about your joints, bones, ligaments and other support structures that make lifting possible... The stuff you can't see, what you can't see but can definitely feel when there's a problem. All too often, when loss occurs or further strength without thinking twice about the underlying support structure. This, too, is you as strong as your weakest link. If your weakest link are your joints, then you increase the risk of injury and that means you're out of the game.