

SOURCE NATURALS®



DIETARY SUPPLEMENT

FOS

(FRUCTOOLIGOSACCHARIDES)

PROBIOTIC ENHANCER*

1,000 MG • 100 TABLETS

Supplement Facts

Serving Size 4 Tablets

Servings Per Container 25

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	5 g	2%*
Dietary Fiber	4 g	16%*
Iron (naturally occurring)	450 mcg	3%
Sodium	25 mg	1%
Fructooligosaccharides (FOS)	4 g	†

*Percent Daily Values (%DV) are based on a 2,000 calorie diet.

†Daily Value not established.

Other ingredients: stearic acid, hydroxypropyl cellulose, modified cellulose gum, silica, and magnesium stearate.

Suggested Use: 3 to 4 tablets daily.

STORE IN A COOL, DRY PLACE.

NOTE: If you are pregnant, may become pregnant, or breast-feeding, consult your health care professional before using this product.

Source Naturals **FOS** is a complex of fructooligosaccharides (FOS) – a group of naturally occurring carbohydrates which can help promote the growth of beneficial flora in the gastrointestinal tract. The body normally maintains a balance of “friendly” flora in the intestines; unfortunately factors such as improper diet, stress, gastrointestinal problems, and use of antibiotics may disrupt this delicate balance. FOS are long chain sugars which are indigestible by humans, but serve as the “food” for friendly flora, helping increase their numbers in the body. Scientific research conducted in Japan has shown that FOS are selectively used by friendly flora such as bifidobacteria and lactobacilli. Each tablet contains 1,000 mg of fructooligosaccharides (FOS).*

Do not use if either tamper-evident seal is broken or missing. Keep out of reach of children.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN0575 REV B182-A

FG-96704 BEST IF USED BY 8 22

Manufactured for:
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