

Supplement Facts

Serving Size 1 Pack	Serving Per Container 44	%DV
Amount Per Pack		
Calories	10	
Total Fat	1g	<2%
Vitamin C (as ascorbic acid)	100mg	111%
Vitamin E (as α -tocopherol succinate)	80mg	423%
Zinc (as zinc oxide)	15mg	156%
Selenium (as sodium selenite)	70mcg	127%
Manganese (as manganese sulfate)	1mg	43%
Joint Construction Complex	3000mg	
Glucosamine (as HCl, sulfate 2KCl)		
Methylsulfonylmethane (MSM)		
Chondroitin Sulfate A (CSA)		
Chondroitin Sulfate C (CSC)		
Joint Lubrication Complex	1000mg	
Flaxseed Oil (50% alpha linolenic acid)		
Cetyl Myristoleate Proprietary Blend		
(cetyl myristoleate, cetyl myristate, cetyl palmitate, cetyl laurate, cetyl palmitoleate, cetyl oleate)		
Hyaluronic Acid		
Joint Support Complex	1000mg	
Ginger Root (gingerols, shogaols)		
Curcumin Root (curcumin)		
Boswellia Serrata Extract (gum) (Boswellic Acid)		
Curcumin		
Boswellin		

*Percent Daily Values are based on a 2,000 calorie diet.
 †Daily Value (DV) not established.

OTHER INGREDIENTS: Dicalcium phosphate, maltodextrin, glycerin, stearic acid, magnesium stearate, microcrystalline cellulose, glycerin, silicon dioxide, carob extract, purified water, pharmaceutical grade. Contains shellfish (crab/shrimp shell), soy. Made in a GMP facility on equipment that processes milk, soy, eggs, corn, wheat, rice, fish, shellfish, and wheat.

INGREDIENT NOTES: Cetyl Myristoleate is patented by EHP Products (U.S. Patent #5,969,676).

DOSE: Unlike regular joint supplements, you only have to take a single daily dose of Animal Flex. Easy. Potent. Effective. Just take a pack of Animal Flex with any meal during the day and you're set—doesn't matter which meal it is. That's it. As a "core" or foundational supplement, use Animal Flex daily—on both training and non-training days. No need to "cycle" it.

PRODUCT NOTES: If you're smart, don't just use Animal Flex when you get a problem. You can and should use to help prevent problems from arising in the first place. Think of Animal Flex as

nutritional "insurance," like Animal Pak. Slight table discoloration may occur. Rest assured, this is normal and happens when tablets and softgels touch during sealing. Efficacy and potency are not affected.

WARNING: Exercise good judgment and keep this out of reach of children. To keep it as fresh as possible, store this product in a cool, dry place, away from heat, moisture and sunlight. You know the drill. California Residents: **WARNING:** Reproductive Harm - www.P65Warnings.ca.gov.

IRONCLAD GUARANTEE: Animal is dedicated to being the best in the business, no two ways about it. If this product doesn't meet with your tough requirements for any reason, let us know. When it comes to standing behind our products, we don't mess around. That's the truth.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†See website for details.



Universal Nutrition
 New Brunswick, New Jersey 08901 USA
 800-USA-0101 • 732-345-3130
 www.animalpak.com

Print 85-4707-007
 K1120-4-0001

**THE COMPLETE
 JOINT SUPPORT STACK**
 Dietary Supplement 44 Packs

**ROCK
 SOLID**

FLEX

Joint Construction | Joint Lubrication | Joint Support | Glucosamine
Patented CMO | Chondroitin | MSM | Hyaluronic Acid | Flax

ANIMAL FLEX® Rock solid. No, we ain't talking about the thick slabs of meat that hang from your frame—those are easy to see, simple to assess. We're talking about your joints, bones, ligaments and other support structures that make lifting possible... The stuff you take for granted, what you can't see but can definitely feel when there's a problem. All too often, lifters focus only on building strength without thinking twice about the underlying support structure. Truth is, you are only as strong as your weakest link. If your weakest link are your joints, then you increase the risk of injury and that means you're out of the game. Now you can't afford that, can you? Didn't think so...?