

1 PUMP⁺ 2 ENERGY⁺ 3 STRENGTH⁺

ADVANCED BENEFITS OF RYSE UP LOADED PRE⁺

f d i @RYSE_SUPPS

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VitaCholine THINKAMINE zūmXR[®]



help you get your greatness

RYSE UP[™]
SUPPLEMENTS

RYSE

RingPop[®]

LOADED PRE
CHERRY RING POP[®]
NATURAL AND ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT // NET WT. 420 G (14.8 OZ.)

Supplement Facts

Serving Size: 1 Scoop (14g)
Servings Per Container: 30

	Amount Per Serving	% DV
Choline (from choline bitartrate)(as VitaCholine [®])	200mg	35%
Sodium	140mg	6%
Potassium	130mg	2%
L-Citrulline	4,500mg	**
Beta Alanine	3,500mg	**
Caffeine Anhydrous	300mg	**
zūmXR [®] Delayed Release Caffeine (std. min. 75% caffeine)	120mg	**
Theobromine	100mg	**
L-Theanine	50mg	**
Vincamine (as Thinkamine [™])	10mg	**

*Daily Values Based on a 2,000 calorie Diet
**Percent Daily Values (DV) Not Established

Other Ingredients: Malic Acid, Sodium Bicarbonate, Silica, Potassium Bicarbonate, Sucralose, Calcium Silicate, Natural and Artificial Flavor, Edible Glitter (gum arabic, red 40), Acesulfame Potassium

WARNING: RYSE UP[™] PRODUCTS ARE INTENDED ONLY FOR HEALTHY ADULTS OVER THE AGE OF 18. DO NOT USE IF YOU ARE CURRENTLY PREGNANT OR NURSING, COULD BE PREGNANT, OR ARE ATTEMPTING TO BECOME PREGNANT. CONSULT A LICENSED HEALTHCARE PRACTITIONER BEFORE USING THIS PRODUCT. DISCONTINUE USE AND CONTACT A DOCTOR IMMEDIATELY IF YOU EXPERIENCE AN IRREGULAR OR RAPID HEART BEAT, CHEST PAIN, SHORTNESS OF BREATH, DIZZINESS, LIGHTHEADEDNESS, FADING OR PRESYNCOPE, TREMORS, HEADACHE, NAUSEA, OR OTHER SIMILAR SYMPTOMS. IF YOU ARE A PERFORMANCE ATHLETE, PLEASE CHECK WITH YOUR SANCTUARY BODY PRIOR TO USE TO ENSURE COMPLIANCE.

MANUFACTURED EXCLUSIVELY FOR: RYSE UP SPORTS NUTRITION, LLC, 6644 ALL STARS AVE #140, FRISCO, TX 75035

(These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.)

RYSE UP[™] ENERGY GUIDE

390MG CAFFEINE
PER SCOOP

4.5G L-CITRULLINE
PER SCOOP

3.5G BETA ALANINE
PER SCOOP

SUGGESTED USE: MIX 1 SCOOP WITH 10-12 OZ. (300-400ML) OF WATER & CONSUME 15-30 MIN. PRIOR TO EXERCISE. DO NOT EXCEED ONE SERVING PER DAY.

BEGINNERS: TAKE 1/2 SCOOP TO ASSESS TOLERANCE

VITACHOLINE[®] IS A REGISTERED TRADEMARK OF BAUDERM.
ZUMXR[®] IS A REGISTERED TRADEMARK OF PLT HEALTH SOLUTIONS.

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FOR BATCH NUMBER AND USE BY DATE: SEE CONTAINER