

Recommended Use: As a dietary supplement, take 1 mL per day, or as directed by your health care practitioner.

Warning: Consult your health care practitioner before using this product if you are taking Coumadin, warfarin, or other anticoagulant medications.

Notice: This is a natural product that may exhibit color, taste and density variations from lot to lot.



EMDK2Z-PL-1



PCOS[®]

NUTRITION CENTER

Ultra D

Vitamin D3 plus K1 and K2

Dietary Supplement
2 fl oz (59 mL)

Supplement Facts

Serving Size 1 mL

Servings Per Container about 59

Amount Per Serving	% Daily Value	
Vitamin D (as Cholecalciferol)	2000 IU	500%
Vitamin K	275 mcg	340%
(as Vitamin K1 Phytonadione 250 mcg; Vitamin K2 Menaquinone-7 25 mcg)		

Other Ingredients: Vegetable glycerine, deionized water, vitamin E, medium chain triglycerides, olive oil.

Distributed by:

PCOS Nutrition Center, LLC

14 S. Bryn Mawr Avenue, Suite 204

Bryn Mawr, PA 19010

www.PCOSnutrition.com

Report any adverse reactions to: 484-252-9028

STORE AT ROOM TEMPERATURE.
KEEP OUT OF REACH OF CHILDREN.