



1.000 IU (25mcg)

VANILLA FLAVOR LIQUID WHOLE 58 ML (2 FL OZ.) FOOD SUPPLEMENT

Suggested Use: Shake well. Take one spray daily. Can also be mixed with your favorite beverage. Not intended for children. For optimal freshness, refrigerate after opening and consume within 90 days. Clean cap after each use.

## Supplement Facts

Serving Size 1 Spray (About 0.46 mL) Servings Per Container 125

Amount Per Walne 25 mcg (1,000 IU) 125% (D3 from Lichen)

Certified Organic 410 mg Omega-Rich Blend

Organic Pumpkin Seed Oil Organic Cranberry Seed Oil

Omega-3 fatty acids Omega-6 fatty acids 200 mg Omega-7 fatty acids 1.38 mg

4 mg

Omega-9 fatty acids + Daily Value not established.

Other Ingredients: Organic Vanilla Flavor, Non-GMO Vitamin E (from Sunflower), Organic Sunflower Lecithin, Organic Rosemary Extract (to preserve freshness), Organic Stevia Extract (leaf).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision. Do not spray in eyes.

Keep out of reach of children. Store in a cool, dry place.

Do not use if safety seal is broken or missing. Made without dairy, soy, wheat, peanut,

fish and shellfish. Manufactured in a facility that also processes soy, dairy, tree nuts, fish and shellfish.

No artificial colors, flavors, sweeteners or preservatives.

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