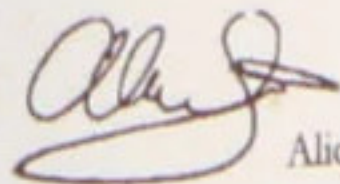


Traceable Purity

"Our herbals are special because we source ingredients from sustainable organic farms and use an Organic, Non-GMO extraction method without the use of conventional corn alcohol or other harsh chemicals. I'm really proud to share these with you!"

Enjoy! Love, Alicia



Alicia Silverstone



Gluten Free
& Vegan

'These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.'

Distributed by Garden of Life LLC

4200 Northcorp Parkway
Palm Beach Gardens, FL 33410 USA



Certified Organic by QCS
Made in the U.S.A. from foods
grown in the U.S.A. and other countries.

www.gardenoflife.com

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MKOHS30L-052518



mykind
ORGANICS

SLEEP WELL

REST & REFRESH



Helps You Relax to Fall
Asleep Quickly[†]

Promotes Rest
Throughout Sleep Cycle[†]

30 Vegan Tablets

Herbal Supplement 

Suggested Use: Take 1 tablet before bedtime.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 30

Amount Per Serving

Organic Lemon Balm Leaf Extract	300 mg	+
L-Theanine (from Organic Green Tea Extract)	100 mg	+
Organic Valerian Root Extract	50 mg	+
Organic Passionflower Extract	50 mg	+
Organic Chamomile Flower Extract	50 mg	+
Probiotic Blend	4 mg	+

Bifidobacterium lactis BI-04, *Lactobacillus acidophilus* La-14

+ Daily Value not established.

Other Ingredients: Clean Tablet Technology™ Blend (patent pending): Organic Gum Arabic, Organic Dextrose, Organic Coating (Organic Sunflower Lecithin, Organic Tapioca Maltodextrin, Organic Palm Oil, Organic Guar Gum).

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Not intended for children. Children may take our Sleep Well spray. Tablets may be a choking hazard.

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing.

Made without dairy or soy ingredients, peanut, tree nuts or shellfish. Manufactured in a facility that also processes soy, dairy, peanut, tree nuts and shellfish. No artificial colors or preservatives.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.