

WARNING: The FDA recommends that people who have or have had liver problems and/or liver disease, persons who frequently use alcoholic beverages, or persons who are taking any medication should consult a physician before using supplements containing kava. Stop use and see a physician if you develop symptoms that may signal liver problems (e.g., unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, brown urine, light-colored stools, yellow eyes or skin). Not for use by persons under 18 years of age, or by pregnant or breast-feeding women. Not for use with alcoholic beverages. Excessive use or use with products that cause drowsiness may impair your ability to operate a vehicle or heavy equipment. Kava-containing products should not be taken for more than four weeks without consulting a physician. Do not take more than a total of 300mg kavalactones per day.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 949.911 F: 3000318 L: 2008838-17151



NATROL® Kava Kava

MOOD & STRESS

Promotes Relaxation
& Eases Tension†
30% Kavalactones

200mg

30 CAPSULES

DIETARY SUPPLEMENT

Directions: Take 1 capsule, 1-2 times daily, with a meal. Do not exceed recommended dosage. **IMPORTANT!** Read all information and warnings before use.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

Amount Per Serving		%DV
Kava Kava Extract [<i>Piper methysticum</i> (root)]	200 mg	*
Kavalactones 30%	60 mg	*

*Daily Value (DV) not established.

Other Ingredients: Modified Starch, Gelatin, Silicon Dioxide, Rice Powder, Magnesium Stearate.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Yeast, Artificial Colors or Flavors, Added Sugar or Preservatives

Manufactured by NATROL LLC
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LOT/EXP: