

CODE 348611
DIRECTIONS: As a dietary supplement, take the contents of one pack daily with food. Do not exceed recommended daily dose.
Each pack contains:
Mega Men®

Supplement Facts

Amount Per Serving		% Daily Value
Vitamin A (50% as beta-Carotene; 50% as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid & Calcium Ascorbate)	300 mg	500%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha Tocopheryl Acetate)	30 IU	100%
Vitamin K (as Phytanadiene)	80 mcg	100%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide and Niacin)	50 mg	250%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	50 mg	500%
Calcium (as Calcium Carbonate)	200 mg	20%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Oxide)	25 mg	167%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Hydrolyzed Protein Chelate)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Proprietary Amino Acid Blend L-Taurine, L-Methionine, L-Glutamine, L-Carnitine	100 mg	*
Superfoods Fruit & Vegetable Blend Orange Peel Powder, Pumpkin Seed Meal, Saw Palmetto Berry Extract, Acai Fruit Powder, Cranberry Fruit Powder, Blueberry Pomace Powder, Pomegranate Fruit Powder, Broccoli Powder, Spinach Leaves Powder, Elderberry Fruit Powder, Grape Skin Powder, Tomato Powder		*
alpha-Lipoic Acid	25 mg	*
Green Tea Leaf Extract (Camellia sinensis)	40 mg	*

Amount Per Serving	% Daily Value
Choline (as Choline Bitartrate)	10 mg *
Inositol	10 mg *
Silica (as Silicon Dioxide)	4 mg *
Boron (as Hydrolyzed Protein Chelate)	2 mg *
Lutemax 2020™ Lutetin	950 mcg *
Lycopene	950 mcg *
Zeaxanthin	190 mcg *
Astaxanthin	50 mcg *
Vanadium (as Sodium Metavanadate)	10 mcg *

Other Ingredients: Cellulose, Titanium Dioxide (Natural Mineral Whitener), Vegetable Acetoglycolides, Caramel Color, Ethyl Vanillin.
CONTAINS: Fish and Soybeans.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Supplement Facts	
Serving Size One White Filled Capsule	
Amount Per Serving	
Dehydroepiandrosterone (DHEA)	25 mg*

Other Ingredients: Cellulose, Gelatin.
Potency verified by GNC procedure #5337. Conforms to USP <2091> for weight. Meets USP <2040> disintegration.
NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING. Consult a physician or licensed qualified health care professional before using this product if you have, or have a family history of, prostate cancer, prostate enlargement, heart disease, low "good" cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or any other similar symptom. To report any adverse event call 1-800-332-1988.

GNC

Saw Palmetto Formula

Supplement Facts

Amount Per Serving		% Daily Value
Calcium	48 mg	5%
Zinc (as Zinc Oxide)	7.5 mg	50%
Selenium (as Sodium Selenate)	35 mcg	50%
Saw Palmetto Berry Powder (Serenoa repens)	500 mg	*
Pumpkin Seed Meal Powder (Cucurbita pepo)	80 mg	*
Lycopene	1 mg	*

Other Ingredients: Cellulose, Dicalcium Phosphate, Povidone.

Lutemax 2020™
LUTETIN & BILANIBIN
Lutemax 2020™ is a trademark of
OrniActive Health Technologies.

For More Information:
1-888-462-2548
SHOP NOW @ GNC.COM
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
No Artificial Colors, No Wheat, No Gluten, No Dairy, Yeast Free.
KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

GNC QUALITY COMMITMENT

For more than 75 years, GNC has been the leader in the development and manufacture of dietary supplements and is committed to producing the most superior products. We use only the highest quality ingredients manufactured under the strictest quality controls. Every raw material used is tested to ensure its purity and potency. Each product is dated and then shipped immediately to our stores to ensure that you are purchasing the freshest supplements available.

GNC GUARANTEE

If you are not 100% completely satisfied, return the unused portion of the product with your receipt to a GNC store within 30 days. Our trained sales staff will either refund your purchase price or, if you prefer, assist you in finding a replacement product to help you LIVE WELL.

Energy Formula

Supplement Facts

Amount Per Serving		% Daily Value
Guarana Seed Extract (Paulinia cupana) (36% Caffeine = 108 mg)	300 mg*	
Panax ginseng Root Extract (3% Ginsenosides = 3 mg)	100 mg*	
Rhodiola rosea Root Extract (1% Rosavins = 1 mg)	100 mg*	
Yerba Mate Leaf Extract (Ilex paraguariensis)	100 mg*	

Other Ingredients: Vegetable Cellulose Capsule, Cellulose.

To ensure a complete nutritional program, take daily with these GNC products:
• Triple Strength Fish Oil
• Ultra Probiotic Complex 25
• SuperFoods Whole Foods Blend
• GNC Protein

GNC

MEGA MEN® DHEA

Dietary Supplement

VITAPAK® PROGRAM

- High potency, no iron multivitamin clinically proven to increase vitality**
- Features 25 mg of DHEA to support health & wellness*
- Enhanced energy formula to boost metabolism*
- Specialized saw palmetto formula to promote prostate health*



30 PACKS



PHYSICIAN ENDORSED



Dr. Frank J. Costa, M.D.

GNC Mega Men® DHEA Vitapak® Program is physician endorsed by Frank J. Costa, M.D., an internationally acclaimed urological surgeon, men's health expert, and member of the GNC Medical Advisory Board.

"Mega Men® DHEA Vitapak® Program includes premium ingredients to provide high potency nutritional support for men over 40. It supplies 25 mg of DHEA, which is necessary to support optimal health, saw palmetto for prostate health, a clinically proven multivitamin and a powerful energy enhancer. I highly recommend this product for men over 40 who are seeking a total nutritional support program." — Frank J. Costa, M.D.

Why Should I Use Mega Men® DHEA Vitapak® Program?

Mega Men® DHEA Vitapak® Program is a complete nutritional plan that provides men over 40 with premium ingredients to achieve their daily nutritional goals in one convenient pak. The components in this program – GNC's clinically proven® Mega Men® multivitamin, DHEA, metabolism enhancing Energy Formula and Saw Palmetto Formula – are specially formulated to provide high potency support and enhance energy.*

How Can Mega Men® DHEA Vitapak® Program Benefit Me?

As you age your body changes and DHEA naturally declines. Mega Men® DHEA Vitapak® Program supplies DHEA and other premium ingredients for total nutritional support.*

How Does Mega Men® DHEA Vitapak® Program Work?

Each serving of Mega Men® DHEA Vitapak® Program includes the following components to help you achieve your daily nutritional goals:

- **Mega Men®** – This clinically studied,* powerful no iron multivitamin supports overall health and wellness. It includes a potent complex of B-vitamins which are essential for metabolism support and energy production.*
- **DHEA 25** – DHEA (Dehydroepiandrosterone) is one of the most abundant hormones in the body and a precursor to other hormones. DHEA 25 can help support your DHEA levels, which decline as the body matures.*
- **Energy Formula** – This metabolism enhancing formula combines standardized guarana with panax ginseng, rhodiola and yerba mate to boost energy levels and support mental alertness.*
- **Saw Palmetto Formula** – This formula blends lycopene and saw palmetto to help support prostate health and normal, healthy urinary flow.* Also contains zinc which is required for normal reproductive function.*

*In a randomized, double-blind, placebo-controlled study of 112 healthy volunteers, subjects taking the GNC vitamin and mineral blend in this product for six weeks experienced statistically significant improvement in markers of B vitamins and antioxidant status, as well as improvements in SF-36 Quality and Mental Health scores compared to those taking a placebo.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.