

Suggested Use: Take 1 softgel daily with food, or as recommended by a Healthcare Practitioner.

Formulated Without: Gluten or Soy.

Warnings: Keep out of reach of children. As with all dietary supplements, it is recommended to consult with a healthcare professional before adding something new to your health and wellness regimen.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated with BioPerine® Black Pepper Extract.
BioPerine® is a registered trademark of Sabinsa Corporation.

CoQ10

100 mg

Plus BioPerine® for
Enhanced Absorption

Supports Cardiovascular Health*



LAKE AVENUE®
NUTRITION

Dietary Supplement 365 Veggie Softgels

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 365

	Amount Per Serving	%Daily Value
Coenzyme Q10 (Ubiquinone USP)	100 mg	†
Black Pepper Fruit Extract (<i>Piper nigrum</i>)	5 mg	†

† Daily Value not established.

Other Ingredients: Veggie Softgel (Modified Vegetable Starch, Carrageenan, Vegetable Glycerin, Sorbitol, Purified Water, and Caramel [for color]), Sunflower Oil, Yellow Beeswax, and Sunflower Lecithin.

Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, GMP facility that may process other products that contain these allergens or ingredients.

Lake Avenue Nutrition® is a registered trademark of Madre Labs, LLC

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